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# schools toolkit



**PLASTIC FREE**

**— JERSEY —**

**SURFERS AGAINST SEWAGE**

Reduce plastic waste  
Reduce your carbon footprint  
Inspire others to tackle their  
unnecessary single-use plastics

[plasticfreejersey.com](http://plasticfreejersey.com)





# HELP JERSEY BE PLASTIC FREE

For Plastic Free Jersey status  
to be awarded to us we  
all need to do our bit.  
Together we can tackle plastic  
pollution and the problems  
caused by single-use plastics.

GLOBALLY, WE ARE NOW PRODUCING NEARLY  
**300 MILLION TONS OF PLASTIC**  
EVERY YEAR.

**50%** OF THIS IS FOR  
SINGLE-USE  
PURPOSES



→ **AROUND 10%** OF OUR  
WASTE IS  
PLASTIC

**EACH YEAR**

# HOW OFTEN DO YOU USE THESE SINGLE-USE PLASTICS?

## BALLOONS AND PROMOTIONAL GOODS

Buy eco promotional goods and if you must use balloons make sure they are biodegradable.



## COFFEE CUPS AND LIDS

The UK uses 2.5 billion disposable coffee cups each year. Provide refillable cups and change any vending machines to take them.



## PLASTIC BOTTLES

Plastic bottles can last for 450 years in the marine environment, they slowly fragment into smaller pieces but never truly go away. Offer refillable alternatives.



## PLASTIC BAGS

On average a plastic bag is used for twelve minutes. Encourage pupils to have reusable bags for PE and cooking etc.

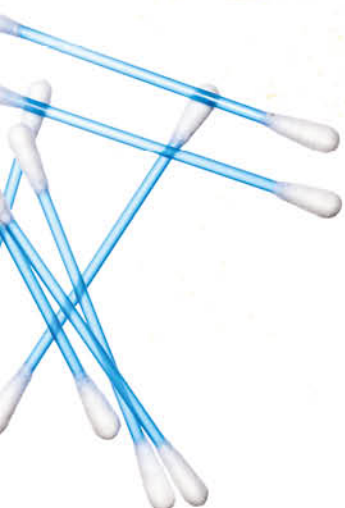
## STATIONERY

Non-plastic pens, rulers and all common stationery are readily available. Hold a stationery amnesty to see what people have lurking on their desks!



## BATHROOM PLASTICS

33% of plastic is used once and then discarded. If you provide bathroom essentials for staff or pupils choose refillable and plastic free versions.



## PLASTIC CUTLERY AND STRAWS

Get rid of single use plastic cutlery and straws and encourage people to bring in reusable ones.

# TAKE 5 **SMALL STEPS** TO BE **PLASTIC FREE**

**1 Register your school** to tell us you're joining in  
[plasticfreejersey.com/commit](https://plasticfreejersey.com/commit)

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**2 Think** – We need Jersey schools to remove at least 3 single-use plastic items. Check out our tips if you're stuck:

- what single use plastic items are found in your school?
  - look at 3 of the items in the list
  - what would happen if you just stopped using them?
  - is there a different way you could do things?
  - what will the impact be on your school community?
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**3 Make the change**

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**4 Let us know** when you've removed at least 3 plastic items from your school  
[plasticfreejersey.com/share](https://plasticfreejersey.com/share)

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**5 Display your sticker with pride**  
don't forget to share your good work with your whole school community



# THINGS YOU CAN DO

You might want to work to achieve an accolade to show the world your school's commitment to tackling the plastic problem. Surfers Against Sewage (SAS) who developed the Plastic Free initiative run a programme specifically targeting schools known as Plastic Free Schools.

[www.sas.org.uk/plastic-free-schools](http://www.sas.org.uk/plastic-free-schools)

Alternatively you might want to sign up as a Plastic Clever School. Plastic Free Kids were created by sisters Ella and Amy and they have developed Plastic Clever Schools as part of their campaign.

[clearplasticuk.net/plastic-clever-schools](http://clearplasticuk.net/plastic-clever-schools)

A whole school project like this is perfect for gaining (or retaining) your school's green flag Eco Schools. Eco schools are adding Marine as a 10th topic for eco schools.

[www.eco-schools.org.uk](http://www.eco-schools.org.uk)

Bin Audit - carry out a bin audit with your pupils (using rubber gloves to protect hands, newspaper to protect surfaces, scales to weigh the volume of rubbish, and a sheet to record your findings). Look at the commonly found single-use plastics and investigate alternatives. For help with this check out our YouTube animation

<https://bit.ly/2HIFVcV>

Waste challenge at home - collect all the recyclable and non-recyclable plastics used at home over a one week period.

Document (lists and photographs) and discuss in class.

Investigate ways to reduce plastics use.

[www.sas.org.uk/plastic-free-schools](http://www.sas.org.uk/plastic-free-schools)

Screen a documentary to students, staff and/or parents. This is a link to a locally-produced 15 minute documentary [vimeo.com/256303410](https://vimeo.com/256303410), and there are many more available over the internet.

Work with the pupils to do a clean-up of the school grounds or near-by recreational areas, forest school or beaches. Identify plastic pollution and discuss and investigate alternatives.

Visit the La Collette recycling plant, or the St Helier recycling depot to see the volume of waste and how it is sorted.

Organise a trash mob! A high energy fast paced litter pick of your school ground or a local beach or community space.

Organise an assembly to show everyone in the school why being plastic free matters.

Make sure your school events (like sports day, fetes etc) are plastic free and that people attending know you've gone plastic free!



# TOP 5 THINGS YOU CAN DO TO TURN YOUR SCHOOL PLASTIC FREE!

- 1 Water Bottles**  
Banish single-use water bottles from school and use re-fillable water bottles only.
- 2 Get rid of your cartons**  
Tetrapak boxes of juice and milk have a plastic lining and are not recycled in Jersey.
- 3 Waste-free lunches**  
Work towards waste-free lunches by designating one day a week as waste free (eg Waste Free Wednesdays!). Encourage pupils, parents and staff to make up lunch boxes and snacks without the use of single-use plastics. Use only what can be re-used or composted - so no to plastic bags and cling film, but yes to re-usable containers and paper bags.
- 4 Opt for reusable bags instead of plastic bags when you bring in PE kits, cooking ingredients or anything else that needs a bag!**
- 5 Introduce recycling at school – plastic bottles, metal packaging, card, paper, and batteries.**



**IF YOU DON'T BUY OR USE ANY  
SINGLE-USE PLASTICS BUT WANT TO  
BE INVOLVED IN PLASTIC FREE JERSEY  
HERE ARE 3 QUICK STEPS:**

- 1 Ban plastic bottles** and any other single-use plastic you can from being brought into your school.
- 2 Record what you are doing** for your next Eco Schools award.  
[www.eco-schools.org.uk](http://www.eco-schools.org.uk)
- 3 Get involved in plastic free initiatives and events.**

**SPREAD  
THE WORD!**

**JERSEY  
IS GOING  
PLASTIC  
FREE!**



# RECOMMENDED RESOURCES

[www.sas.org.uk/plastic-free-schools](http://www.sas.org.uk/plastic-free-schools)

[www.sas.org.uk/be-the-change/](http://www.sas.org.uk/be-the-change/)

[www.sas.org.uk/our-work/education/  
sas-x-parley-ocean-school/](http://www.sas.org.uk/our-work/education/sas-x-parley-ocean-school/)

[www.thegoodjerseylife.com/  
there-is-no-such-thing-as-away/](http://www.thegoodjerseylife.com/there-is-no-such-thing-as-away/)

[www.thegoodjerseylife.com/  
surf-sea-sand-and-plastic/  
storyofstuff.org](http://www.thegoodjerseylife.com/surf-sea-sand-and-plastic/)



# PLASTIC FREE — JERSEY — SURFERS AGAINST SEWAGE

If you want to know where to buy plastic free alternatives, or who can help you to recycle at school please check our Plastic Free Jersey members directory

[plasticfreejersey.com](http://plasticfreejersey.com)

Remember to think before you print

