



## Your long-term care

If you are finding it difficult to look after yourself and manage everyday tasks, you can contact the Single Point of Referral (SPOR) service. SPOR will refer you to the correct team within Health and Community Services to carry out an assessment.

If you are referred for a care assessment, whilst you wait, you should find out about the Long-Term Care Scheme to help meet the costs of your care.

## Your care assessment

Your care assessment will be completed jointly with you and a health or social care professional. You may wish to have a trusted friend or family member present.

If you are assessed as requiring care and support they will agree on a care and support plan with you.

When your assessment and support plan is complete, they will confirm the level of care you need.

You will need to choose a care provider who can help with your specific care needs.

## Single Point of Referral (SPOR)

Call: 01534 444440 Email: SPOR@health.gov.je

## The Long-Term Care Scheme

With your permission, SPOR will refer you to Pensions and Care at Customer & Local Services. They will advise on how to apply for the scheme.

They will send you information about the scheme.

The scheme may be able to support you with the cost of your care. If you can afford to, you may need to pay for some or all the costs for a period.

The amount the scheme pays towards your care depends on your income, assets, and what level of care and support you need.

Pensions and Care at Customer & Local Services (Long-Term Care Team)

Call: 01534 444444 Email: longtermcare@gov.je