# **Wellbeing Indicators**

The wellbeing of children is at the heart of *Jersey's Children First*. The approach uses eight areas of wellbeing in which children need to progress in order to do well now and in the future. These eight areas promote the four outcomes of the *Children's Plan*, namely that all children and young people grow up safely, live healthy lives, learn and achieve and are seen and heard.

The eight Wellbeing Indicators are:

Safe	Healthy	Achieving	Nurtured
Active	Respected	Responsible	Included

These are the basic requirements for all children to grow and develop and reach their full potential.

Children will progress differently, depending on their circumstances, but every child has the right to expect appropriate support from adults to allow them to develop as fully as possible across each of the *Wellbeing Indicators*.

All agencies in touch with children must play their part in making sure that children are healthy, achieving, nurtured, active, respected, responsible, included and above all safe. The *Wellbeing Indicators* are used in a variety of ways. They can be used to structure the recording of routine information about a child under whichever headings are appropriate, to record their progress in universal services. This will allow relevant information to be shared more easily.

In some cases, recording progress using the *Wellbeing Indicators* will allow practitioners to identify concerns which only become apparent from cumulated information or collated single-agency or multi-agency records.

The *Wellbeing Indicators* can also be used to structure recording of a specific concern that may be raised with or by practitioners that may need further assessment or action, for example, not doing as well in school as expected.

A concern can also arise because a child is, for example, living in a family where a parent may be misusing drugs or alcohol. Parents and children themselves may have concerns that they bring to the attention of practitioners. All practitioners need to ask themselves the *Five Questions* when they have concerns about a child.

# **Nurtured**

Having a nurturing place to live, in a family setting with additional help a suitable care setting.

## **Active**

Having opportunities to take part in activities such as play, recreation and sport which contribute to healthy growth and development, both at home and in the community.

# **Achieving**

Being supported and guided in their learning and in the development of their skills, confidence and self-esteem at home, school, and in the community.

# Jersey's Children First right help right time • Wellbeing Indicators

# Healthy

Having the highest attainable standards of physical and mental health, access to

# Responsible

Respected

Having the opportunity, along with carers, to be

Having opportunities and encouragement to play active and responsible roles in their schools and communities and where necessary, having appropriate guidance and supervision and being involved in decisions that affect them.

# Safe

abuse, neglect or harm at home,

# Included

Having help to overcome social, educational, physical and economic inequalities and being accepted as part