

Pregnancy Post-Surgery

Female patients advised not to contemplate pregnancy for 2 years post-surgery
 Once team advised of pregnancy, patient is to be booked into **Joint Bariatric Clinic** for Consultant led care and regular bloods

<p>Preconception</p> <p>Folic Acid 5mg od Pregnancy/Preconception Multivitamin</p>	<p>1st Trimester (Bloods undertaken)</p> <p>Folic Acid 5mg od Pregnancy multivitamin Calcium & Vitamin D Pregaday B12 injection 3 monthly</p> <p>If persistent vomiting to contact Dr for Thiamine or Pabrinex</p>	<p>2nd Trimester (Bloods undertaken)</p> <p>Stop Folic Acid Forceval od Calcium & Vitamin D Pregaday B12 injection 3 monthly</p>	<p>3rd Trimester (Bloods undertaken)</p> <p>As 2nd Trimester</p> <p>At 26-28 weeks – 1 week of continuous blood glucose measuring with DM Nurse Team GTT contraindicated</p>
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PANCREATITIS PROTOCOL DRAFT_JS2

Emergency Department assessment and management

NHS England guidance says surgery should only be considered for people with a body mass index (BMI) of more than 40 kg/m², or between 35 kg/m² and 40 kg/m² if they have other significant diseases. NICE says newly-diagnosed Type 2 diabetics with a BMI of between 30 and 35 should also be eligible.

The guidance says patients must have tried and failed to achieve clinically beneficial weight loss by all other appropriate non-surgical methods (Tier 3) and be fit for surgery (Tier 4).

Modified Glasgow Score calculation (MILD < 3 or SEVERE ≥ 3)

- Age > 55years
- Albumin < 32g/L
- Glucose > 10mmol/L
- Urea > 16mmol/L
- WCC > 15 x10⁹
- PaO₂ < 60mmHg
- LDH > 600units/L
- Calcium < 2mmol/L

NEW BARIATRIC REFERRAL – Coded as Routine

- Add patient to Bariatric Excel Database (Admin Team in Diabetes Centre)
- Book into bariatric clinic
- Appointment letter and routine bariatric blood test form posted out

Bariatric Clinic (monthly - Wednesday pm)
NEW = 30min slot FOLLOW-UP = 15min
Initial assessment

- Confirm suitability
- Ensure cessation of smoking
- Check bariatric blood tests
- Consider sleep study
- Provide education & expectations, no pregnancies for 2 years
- Provide surgery leaflet

Refer

Surgical Appointment (weekly slots) Mr Shenfine
NEW = 30min slot FOLLOW-UP = 15min
Discussion of risks/benefits/expectations
Discuss operation types, provide surgical literature
Consider pre-op studies – sleep study, ECG, imaging, bloods

Sign TCI form for waiting list for surgery and communicate this with patient
Ensure milk diet and diet sheet provided & patient understands and consents for

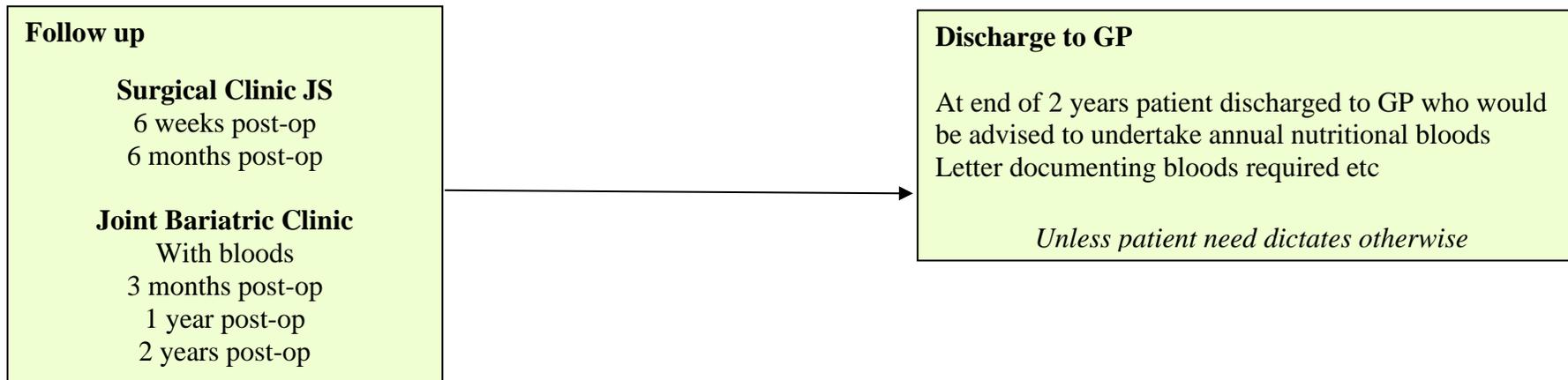
**If problematic patients-
discussed MDT
(monthly)**

5. Does not fit NICE criteria
6. <18 or >60 years old
7. Surgery not advisable
8. Patient does not want surgery

Direct letter to GP **or** Review in clinic to assess further/explain

Further investigations and review required

Refer back to Dietitian, for pre-surgery clinic.
Monthly clinic 4 x 30 min slots
Includes milk diet education & post-surgery information



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