

Message Key: 0003151BEDB848F97A8C7B32814DEE8A1CDAF238



From: [REDACTED]
To: Richard Renouf <R.Renouf@gov.je>
Cc: Alex Khaldi <A.Khaldi@gov.je>
Subject: FW: Analytical Cell Summary
Date: Thursday, November 26, 2020 15:13 UTC
Attachments: image001.png (18.2 KB)

Dear Minister

Analytical Cell Summary 26th November

Cases of note include:

x2 links to [REDACTED] [name redacted - Gym, fitness or health facility]

1x [REDACTED] [name redacted - Gym, fitness or health facility]

[REDACTED] [name redacted - Gym, fitness or health facility]

Review for Environmental Health consideration deep clean and ensure working to guidelines.

[REDACTED]
Strategy Policy, Planning and Performance

Government of Jersey
Strategic Policy, Performance and Population
19-21 Broad Street | St Helier | Jersey | JE2 3RR

Mobile [REDACTED]

Message Key: 0003151B03ACD1D821CB71D05EA6B851EABF9049



From: [redacted]
To: Richard Renouf <R.Renouf@gov.je>
Cc: Alex Khaldi <A.Khaldi@gov.je>
Subject: FW: Analytical Cell - Summary
Date: Friday, November 27, 2020 15:16 UTC
Attachments: image001.png (18.2 KB)

Dear Richard,

Today's summary.

Analytical Cell Summary 27th November

Cases of note include:

1x Personal trainer [redacted] [name redacted - Gym, fitness or health facility]

Updates on cases / Clusters

[redacted] [name redacted - Gym, fitness or health facility]

Have been reviewed by HSI. 8 DC's in total. Any staff not DC's now for screening. Business now closed. Reviewing Tracks data for potential screening of all customers.

Note that there are also 3 cases related to [redacted] [name redacted - Gym, fitness or health facility]

[redacted]
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Strategic Policy, Performance and Population
19-21 Broad Street | St Helier | Jersey | JE2 3RR

Mobile [redacted]

Message Key: 0003151B4236FC36FD644555B658169E95794743



From: Julian Blazeby <J.Blazeby@gov.je>
To: Ian Gorst <I.Gorst@gov.je>, John Le Fondré <J.LeF@gov.je>, Richard Renouf <R.Renouf@gov.je>, Lyndon Farnham <L.Farnham@gov.je>, Charlie Parker <C.Parker@gov.je>, Tom Walker <T.Walker@gov.je>, Ivan Muscat <I.Muscat@health.gov.je>
Cc: Dirk Danino-Forsyth <D.DaninoForsyth@gov.je>
Subject: RE: COVID numbers.
Date: Saturday, November 28, 2020 14:57 UTC
Attachments: image001.png (18.2 KB)

Ministers,

In response to Ian's email earlier and a telephone conversation with the Chief Minister I have been able to get some details to assist Ministers with the current position today.

Saturday positive cases reported at 2.50pm are 23.

Summary:

No new clusters.

[redacted] [name redacted - Gym, fitness or health facility] has a number of cases linked over the last few days, all staff now tested, one client has now tested positive, premises closed and deep cleaned, Health and Safety Inspectorate are examining.

We will be able to provide an more detailed overview for CAM tomorrow.

Regards

Julian

Julian Blazeby - Director General
Justice and Home Affairs
Government of Jersey
19-21 Broad Street | St Helier | Jersey | JE2 3RR
Tel: [redacted]
Mob [redacted]
Email: j.blazeby@gov.je

[cid:image001.png@01D6C592.45CB5960]

Message Key: 0003151B912AD1DBD79E6F1174F65FE1EDF2AC8F



From: [redacted]
To: Richard Renouf <R.Renouf@gov.je>
Cc: Alex Khaldi <A.Khaldi@gov.je>
Subject: FW: Analytical cell summary
Date: Monday, November 30, 2020 18:29 UTC
Attachments: image001.png (18.2 KB)

Dear Richard,

Please see todays summary:

Analytical Cell Summary 30th November

Cases of note:

- 4x [redacted] [name redacted - Gym, fitness or health facility]
- 1x [redacted] [name redacted - Gym, fitness or health facility]
- 1x [redacted] [name redacted - Gym, fitness or health facility]
- 1x [redacted] [name redacted - Gym, fitness or health facility]

Cases of note:

- 2x [redacted] [name redacted - Gym, fitness or health facility]

Updates

[redacted] [name redacted - Gym, fitness or health facility]

Continued growth of cases related to this cluster with at least 4 further cases identified. Of note that 3 further cases with visits to gyms associated to them.

[redacted]
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19-21 Broad Street | St Helier | Jersey | JE2 3RR

Mobile - [redacted]

Message Key: 0003151BB3BA5CCA01CF285A9F03A9BD63DE5FC5



From: Daniel Williams [REDACTED]
To: R.Renouf@gov.je, J.LeF@gov.je
Cc: S.Pallett@gov.je, K.Moore2@gov.je, I.farnham@gov.je, [REDACTED], [REDACTED], i.muscat@health.gov.je, [REDACTED], K.Pamplin@gov.je, J.Perchard@gov.je, [REDACTED], H.Raymond@gov.je
Subject: Health & Fitness Closure - My story
Date: Thursday, December 03, 2020 08:00 UTC

Dear Chief Minister and Health Minister,

I very much understand the difficult balancing act that you are facing with the current situation, but I wanted to write to express my extreme disappointment that you decided yesterday to close the Health & Fitness facilities in the island without any consideration of the knock on health and mental health consequences of doing so, and also under the disguise of a "hospitality lockdown".

I have struggled with my weight for most of my life, going through periods of quite extreme weight loss and weight gain and have struggled to maintain a constant weight. During the first lockdown, I remember reading the concerns raised by the Health & Fitness industry around wellbeing and not taking them seriously at the time.

I gained a significant amount of weight during the first lockdown and was encouraged by my friends and family to take this issue seriously. Eventually, I did, by investing in some smart scales and a Fitbit and was shocked to discover that I was technically classed by BMI as being "morbidly obese", along with having a very high metabolic age and "very poor" cardiovascular health. Being young, at 28, this data was very alarming to me and spurred me into taking some action. I joined the gym in the summer and have been seeing a personal trainer at least 2 times a week. Since joining the gym and seeking professional help, I have finally managed to take control of my weight. I have also:

- Been educated on nutrition and now (mostly) eat a much more healthy and balanced diet than before. I now eat at least 5 balanced meals a week and also ensure I eat enough protein.
- My mental health and wellbeing has significantly improved. I have been able to concentrate and focus better than I have in a long time. I have been able to sleep better. I also feel less stressed and anxious than I did.
- I have lost 14Kgs since September, in a sustainable way which I hope to continue.
- My cardiovascular health has improved from "very poor" to "poor" and now according to Fitbit is classed as "fair".
- My resting heart rate has decreased from 82 bpm to 72 bpm. I am told that a lower heart rate at rest implies a more efficient heart function and better cardiovascular fitness.
- Seeing the personal trainer on a regular basis, being coached and my weight monitored, ensures that I am held accountable, because if left to my own devices, I would most likely prioritise other things over my fitness and would slip into the old habits.

The gym I have been attending and the personal trainer seem to take Covid-19 guidelines very seriously. I don't know all the measures, but as a casual observer, I see that there is a "Covid secure" adapted gym layout,

physical distancing and meticulous cleaning in place. I'm not a professional in this, but I don't see how there could be community seeding of the virus in this environment.

The UK has in the past few days re-opened gyms in ALL tiers, including those under the tightest of restrictions, because they recognise the essential service and health benefits they provide. Can I ask for the evidence and logic of why, here in Jersey, we are not learning from our neighbours and are instead closing gyms?

Health Minister, you have recently spoke of your desire to continue regular "business as usual" healthcare and that we have to learn to live with the virus. Why are you denying people like me the opportunity to continue improving general health and fitness through exercise in a controlled and safe environment? I see this as a form of healthcare which will reduce health issues and pressure on the Public Health Service in the future. Has this even been considered by you and where is the data to evidence this?

A study

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published

in October suggested that gyms throughout Europe posed an extremely low risk of Covid-19 infection and should have been kept open for the health and well being of their communities during the first lockdown. Also, after analysing more than 62 million gym visits from 14 European countries since September, Sheffield Hallam University researchers discovered

<<https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.shu.ac.uk%2Fnews%2Fall-articles%2Flatest-news%2Fhallam-research-confirms-extremely-low-levels-of-covid-risk-in-gyms&data=04%7C01%7C%7Cd4ac57fbd79749d34b2e08d897617b9f%7C2b5615117ddf495c8164f56ae776c54a%7C0%7C0%7C637425792238847187%7CUnknown%7CTWFpbGZsb3d8eyJWljiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6I1haWwiLCJXVCi6Mn0%3D%7C1000&sdata=3y3LFhK9%2FrabBZrM7fvfcCemWRgmm7guLjEgrQzoEhU%3D&reserved=0>>

that

just 487 infections had been reported as a result of these visits, which equated a rate of 0.78 cases per 100,000 VISITS.

I know you can't please everyone and I agree with measures to control Covid-19 in our community, but it seemed very illogical and odd to be closing gyms under a "hospitality circuit breaker" announcement yesterday.

I hope you will read this and at the very least explain why. You probably won't reconsider your decision, but please do not dismiss how important health and fitness is to the wider health of the community. Please can someone provide the evidence for this decision?

Dan Williams

----- End Of Message -----

Message Key: 0003151B3F18304497451FB8C2B30B78155AFB8A



From: [REDACTED]
To: R.Renouf@gov.je
Cc: L.Farnham@gov.je
Subject: Closure of Gyms and Leisure centres
Date: Thursday, December 03, 2020 11:49 UTC

Dear Sirs

I am writing as a director and senior trainer at [REDACTED], a small PT studio that provides 1 to 1 and 1 to 2 personal training sessions to all ages, in response to the last night's announcement that all gyms and leisure centres must close and indoor group exercises cease for a month.

We absolutely appreciate the difficult decisions that Ministers have had to make during the pandemic, decisions that often have to be made swiftly without the ability to consult industry or consider all potential impacts.

However, we passionately believe that the evidence clearly shows that closing the fitness and leisure sector will only serve to exacerbate health issues and inequalities in our communities, particularly now that the winter is here. A wide range of people of all ages across the Island will desperately miss their visits to the gym or local leisure centre and will be massively worried about the impact this will have on their physical and mental health.

We (and as far as we have observed, the other gyms and leisure centres) have taken our obligations to create as COVID safe an environment as possible to play our part in maintaining the physical and mental health of our clients during this difficult time.

You will be aware that, following public pressure, a decision was made by UK MPs that gyms and leisure facilities would remain open in all tiers under the new restrictions in England from 2 December (indoor group exercise classes remain closed under Tier 3 restrictions). In the run up to that decision, Baroness Tanni Grey-Thompson wrote to all MPs asking them to back calls from the public and ukactive (the a NFP body representing the UK active lifestyle sector) for gyms and leisure facilities to be reclassified as essential services which were permitted to remain during local and national restrictions. A full Parliamentary debate on the issue was held in November in response to a public petition, which attracted more than 600,000 signatures from people who wanted gyms and leisure facilities to remain open in order to support their physical and mental wellbeing.

We understand that Ministers have had to make difficult decisions during the pandemic, decisions that often have to be made quickly without the ability to consult with industry or consider all potential impacts.

However, we passionately believe that the evidence shows that closing the fitness and leisure sector will only serve to exacerbate health issues and inequalities in our communities. I have set out below the full wording of the letter that Baroness Grey-Thompson wrote to MPs prior to that debate. She writes far more eloquently than I ever could and sets out the basis for a change of thinking by politicians in their approach to the fitness industry during this crisis. I appreciate the facts and figures relate to the UK, but the underlying messages remain relevant to the Island. I have kept the links so you can click through to the supporting research.

"The physical activity sector has a hugely important role in the physical and mental well being of your constituents as well as being crucial to the country's recovery from COVID-19. There is strong evidence from Public Health England that obesity and related conditions significantly impact the severity of outcomes from COVID-19.

"The Government has consistently stressed the importance of exercise throughout this pandemic, maintaining it as an essential reason to leave the house in the most severe lockdown, and continuing to stress its importance in this second phase. However, during the winter months outdoor activity becomes less appealing and more dangerous, making it imperative there is a safe space to exercise.

"Sport England's Active Lives Survey reported three million more inactive individuals in the first lockdown period compared to the same period in 2019. This number is likely to be even greater during the winter, with a devastating impact on health and wellbeing.

"Gyms and leisure facilities have proven since reopening they are safe, with an incidence rate of 0.99 cases per 100,000 visits in England between 25 July and 11 October. The hygiene, ventilation, and social distancing measures within facilities, drawn up in conjunction with the Government, have ensured this low prevalence rate. The Government has so far provided no evidence to justify the closure of these facilities.

"Further, there is rightly grave concern about the impact of restrictions on other areas of health, such as cancer outcomes. The health and fitness sector provides 66% of prehabilitation and rehabilitation for cancer patients, provision that is severely hampered under current restrictions. This is in addition to the mental and physical impact of a drop of physical activity during periods of restrictions.

"With the prospect of continued restrictions on a national and local level for the foreseeable future, it is vital the physical activity sector is recognised as safe and essential and is able to remain open. I would urge you to make your voice heard on behalf of your communities."

Operating across more than 7,000 facilities and employing more than 400,000 professionals, the UK physical activity sector delivers activity to more than 10 million people a year, and generates 85 billion in social and economic value in England alone.”

I would therefore ask Ministers to reconsider their decision to close the gyms and leisure centres in the Island or at least provide the industry with some evidence to support their closure. Clearly, we are frustrated by the decision but we would be very receptive to any information you may have in relation to the industry that supports the closure. We want our studio to be a safe haven for our clients so would do whatever we could to roll out any additional measures that might improve safety based on your evidence.

I would be very happy to discuss any of the above.

Kind regards

[Redacted]

[Redacted]

[Redacted]

----- End Of Message -----

Message Key: 0003151B5F55E454489CBCCD046CB99F2474B5BC



From: [REDACTED]
To: r.renouf@gov.je
Cc: Geoffrey Southern <G.Southern@gov.je>, "Sam Mezec (Reform Jersey)" <chairman@reformjersey.je>, Carina Alves <c.alves@gov.je>, Robert Ward <r.ward2@gov.je>, Montfort Tadier <M.Tadier@gov.je>
Subject: Covid regulations
Date: Thursday, December 03, 2020 14:36 UTC

Dear Richard

I have just returned from what will be my last visit, for some time, to the swimming pool at my gym, [REDACTED]. The staff are devastated; having worked so hard to keep to the rules and keep us safe, and having had no known cases amongst their clientele, they are rightly aggrieved.

I agree that something needs to be done, but I wonder how carefully the targets have been chosen; how much is known about the source of the outbreaks? I gather that there have been some super spreader events, and suspect that town pubs, hospitality events with large numbers of people, and private gatherings may be responsible. Maybe even in some gyms there have been people not sticking to moderate exercise.

But to penalise places like [REDACTED], where couples dine at well spaced tables, and elderly people enjoy gentle exercise classes, including aqua aerobics and swimming, which I and several others find is the only way to exercise without pain, and maintain levels of fitness that will protect us against this epidemic, seems very unfair.

Similarly, to tell over 70s not to meet indoors, doubtless because we are considered 'vulnerable' though many of us are very fit and don't feel it, is to penalise those who have behaved responsibly throughout this epidemic. I know several single over 70s who will have a very lonely Christmas if a more nuanced approach is not taken. We are feeling very angry, as there are no rules to stop younger people from holding private parties that will cause more super-spreader events, and so far, there is no intention to close the schools to create a firebreak before Christmas.. There must be better ways to protect us.

As I said, we don't dispute the fact that action needs to be taken, and should have been taken sooner, but it needs to be seen to be fair and effective.

Best wishes

[REDACTED]
[REDACTED]

----- End Of Message -----

Message Key: 0003151B80C3AD7174A13B65DCF6B5D20685A350



From: [Redacted]
To: Richard Renouf <R.Renouf@gov.je>, John Le Fondré <J.LeF@gov.je>
Cc: Alex Khaldi <A.Khaldi@gov.je>, Steve Skelton <S.Skelton@gov.je>
Subject: Analytical cell Summary
Date: Thursday, December 03, 2020 15:00 UTC
Attachments: image001.png (18.2 KB)

Dear Minister / Chief Minister

Please see today's cell summary

1x [Redacted] case [name redacted - Gym, fitness or health facility]

1x [Redacted] Personal Trainer [name redacted - Gym, fitness or health facility]

Overview:

Continued growth of some small clusters related to hospitality as well as case related to gyms and/or other indoor exercise links. Hope to see slowed growth over coming weeks and following new circuit breaker actions.

[Redacted]
Strategy Policy, Planning and Performance

Government of Jersey
Strategic Policy, Performance and Population
19-21 Broad Street | St Helier | Jersey | JE2 3RR

Mobile [Redacted]

Message Key: 0003151B091BA38EFDF049E2E4CEAA5F69F5E76A



From: [REDACTED]
To: "l.farnham@gov.je" <l.farnham@gov.je>
Cc: "r.renouf@gov.je" <r.renouf@gov.je>
Subject: [REDACTED] Gym
Date: Thursday, December 03, 2020 15:57 UTC

Good afternoon,

As one of the directors of [REDACTED] gym I am totally shocked at the governments decision to close gyms. 24 hours notice is not sufficient and actually unfair. I understand that [REDACTED] had cases but that is a very different gym to that of ourselves, [REDACTED] and the states gyms .

We are able to maintain exceptional levels of hygiene and social distancing. We also have a fantastic ventilation and air change system in place.

We along with the other gyms have spent a significant amount of money on complying with the government guidelines that have been asked of us. Disinfectants , wipes , alcohol sanitizers etc etc

The Uk have recognized the importance of gyms for mental health. We strongly urge you do to the same.

We are genuinely very worried about Some of our clients mental well-being without this outlet being available to them.

We lost a significant amount of members due to the first lockdown and now we are being asked to cancel further members. What plans are in place to help businesses such as ourselves survive other than the payroll Scheme which is inadequate.

Not only that but we have had very little rental support from our landlord [REDACTED] , and in fact have just received a rent increase! Starting this month of December 2020.

[REDACTED]
This is just not possible when we have not been trading properly and now are closing again for another month , due to Covid -19.

As one of jersey's only locally owned and run gyms we are in real jeopardy. To get our gym going we have invested everything thing we own into this business. We were confident that it would work and prior to COVID things were growing every month .

I would like to invite you to see our premises and see first hand how we operate.
We are more than happy to increase regulations if we are asked , we will do what ever is asked of us .

I have attached a few articles from different web pages for you to view , they stress the importance of exercise for mental health and actually the Benefit of physical exercise in fighting this virus.

<https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.pnnewswire.com%2Fnews-releases%2Fnational-study-confirms-its-safe-to-work-out-at-the-gym-current-data-shows-no-evidence-of-covid-19-spread-in-gyms-301122664.html&data=04%7C01%7C%7Cbde1cb9da61f40ec763a08d897a4356a%7C2b5615117ddf495c8164f56ae776c54a%7C0%7C0%7C637426078812070059%7CUnknown%7CTWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTil6lk1haWwiLCJXVCi6Mn0%3D%7C1000&data=5dlmbSnPG5tYMtGnNYnDlgiSsj3YSiylptqWFGvsUVw%3D&reserved=0>

<https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmedicine.umich.edu%2Fdept%2Fpsychiatry%2Fmichigan-psychiatry-resources-covid-19%2Fyour-lifestyle%2Fimportance-physical-activity-exercise-during-covid-19-pandemic&data=04%7C01%7C%7Cbde1cb9da61f40ec763a08d897a4356a%7C2b5615117ddf495c8164f56ae776c54a%7C0%7C0%7C637426078812070059%7CUnknown%7CTWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTil6lk1haWwiLCJXVCi6Mn0%3D%7C1000&data=RCsHt7LeBjW%2BUecabBTpb%2FEwR6lyvzVf4NZo40INGGM%3D&reserved=0>

<https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnewsroom.uvahealth.com%2F2020%2F04%2F15%2F-covid-19-exercise-may-help-prevent-deadly-complication%2F&data=04%7C01%7C%7Cbde1cb9da61f40ec763a08d897a4356a%7C2b5615117ddf495c8164f56ae776c54a%7C0%7C0%7C637426078812070059%7CUnknown%7CTWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTil6lk1haWwiLCJXVCi6Mn0%3D%7C1000&data=tRNUOPMHYZoua4dKIZYjk9QNTY000vYfr2v2ahlVzyo%3D&reserved=0>

Kind regards

[REDACTED]

Message Key: 0003151BF86F86A176FC54E3F8D78C9CED2BBDDC



From: [REDACTED]
To: R.Renouf@gov.je
Subject: Gym Closures
Date: Thursday, December 03, 2020 16:47 UTC

Dear Minister Renouf

I write to you expressing my concern about your decision to close all gyms and indoor sport facilities. On a personal note I've recently joined [REDACTED], and through their highly supportive forward thinking structure my physical and mental well being has dramatically improved. To loose access to this facility during a time where good health is as valuable to our island resilience as proxemics highlights the possible misunderstanding of trade offs and a lack of interrelated thinking.

There is growing evidence showing that obesity worsens the effect of covid, but to make matters more complex, feeling down is linked scientifically to choosing food that's poor for your health. These interrelated factors are in the most recent global nutrition report, where it explains the phenomenon for exponential weight gain in people who start to gain weight, as well as the nutritional paradox. The nutritional paradox is where malnourishment and obesity can be found in countries and even individuals. It went as far as saying, feeling down shortens life expectancy by ten years due to the diet choices it drives. Therefore keeping a healthy weight isn't just about balancing calories.

Effective sport drives up positive hormones

In your body. Lifting mood, and helping make better life decisions. Gym culture isn't a showing off of the muscular form, it's a culture that has gripped the western world, explosive in its methods of shifting life experiences and transforming a person from a pathway to obesity to one of health. People switching from hedonistic life styles to that of health and empowerment. It's unrealistic to turn that off, even for a short time, in middle of a health crisis. Please don't abolish this preventive medicine, and disturb the routine of jersey gyms goers.

If each gym is working to different standards highlight it. And support their transition to a safer gym, but please don't close them. We aren't in the summer months, the roads are dark, the wind is up and rain is beating. Not easy to train outside after work.

With respect

[REDACTED]
[REDACTED]

[REDACTED]
----- End Of Message -----

Message Key: 0003151B465ADF0777E572EC836655DB8734A120



From: Trevor Pointon <T.Pointon2@gov.je>
To: Richard Renouf <R.Renouf@gov.je>
Subject: FW: Mental health and gyms
Date: Friday, December 04, 2020 14:04 UTC

Hello Richard:

I will respond to confirm that I have forwarded this to you.

Trevor

From: [REDACTED]
Sent: 03 December 2020 12:09
To: Trevor Pointon <T.Pointon2@gov.je>
Subject: Mental health and gyms

Dear Mr Pointon

[REDACTED]

Mental health issues are really important to me and my family [REDACTED]
[REDACTED]

I have sent the below message to the Government through Messenger/Facebook as I feel that the decision about gyms should be reconsidered or at least reconsidered swiftly were the Covid case numbers move downwards as hoped rather than wait 4 weeks until the New Year. I ask you respectfully if you could consider the point below and relay to the relevant party in your role as deputy and in your new role with responsibility for mental health. This could keep somebody alive.

Since my communication below, my daughter rechecked what happened in the UK and while Liverpool had to implement some of the strictest measures, with a much higher R number than in Jersey, gyms were re-opened within 10 days following petitions but also consideration of evidence by the UK government.

"Good morning, I have supported the Government's approach to Covid so far (although would have liked more transparency) but am really sad that gyms were closed. My daughter came back from Uni and has been self-isolating. [REDACTED] one of the main things she was looking forward was to be able to go to the gym as this had also helped her cope during UK lockdown/restrictions in Liverpool. Now the gyms will be closed until January and she was very distraught yesterday. I am very worried for her but also for all the people who need the gym to support their wellbeing. It seems there is no evidence gyms are places where spreading of the virus is high and a number of towns in the UK reopened them as soon as they could to support the population. With the weather being grim and the stress of Christmas approaching (which for people who struggle with their mental health can be a more difficult period than others and for us it certainly is [REDACTED]), I would respectfully ask the Government to reconsider their approach to gym closures. I can see the point for group classes to be cancelled, but not other activities where safety measures can be put in place. Kind regards [REDACTED]

Kind regards

[REDACTED]

----- End Of Message -----

Message Key: 0003151BF04ECB39299C930BC5DDF0FE873534C5



From: [REDACTED]
To: Trevor Pointon <T.Pointon2@gov.je>
Cc: Richard Renouf <R.Renouf@gov.je>
Subject: RE: Mental health and gyms
Date: Friday, December 04, 2020 15:05 UTC

Dear Deputy Pointon

Following is a response we have been using to reply to those with concerns around gym closures:

"Dear Sir/madam

Evidence shows that Gyms and providers of indoor exercise are a lower risk as compared to other settings such as hospitality. However, they are not no risk. Government has previously stated that escalation based on evidence as well on local data and intelligence will inform targeted measures.

The recent exponential rises in COVID-19 point to a meaningful and consistent increase in positive cases where community transmission is now established. Current case evidence shows that Jersey is moving rapidly through the escalation framework 'Early Warning' Phase and toward the 'Epidemic Response' phase. There has been one large cluster and at least four known smaller incidents across indoor exercise provider settings, including amongst exercise professionals. This alongside the knowledge of spread through 20-40 year olds, a key demographic in exercise settings, has led to the decision to close the sector at this time.

It is well recognised that indoor sports and recreation facilities play a vital role in ensuring the ongoing health and wellbeing of Islanders. Which is why, throughout this year, we have followed a managed return to activity, whilst ensuring that public health measures are maintained. This balanced approach ensures the mental and physical wellbeing of Islanders. However, the safety of customers, staff, volunteers and their families remain the absolute priority.

Robust additional action to both target the virus alongside stronger universal measures, is now needed to slow the spread of infection. This targeted approach includes the difficult decision to temporarily close indoor sport and exercise venues, while outdoor sport and exercise remains open and available."

Kind regards

Message Key: 0003151BF09D304DE772B0D1A1509BCD08223139



From: [REDACTED]
To: Richard Renouf <R.Renouf@gov.je>
Subject: Re: Gym Closures
Date: Friday, December 04, 2020 20:52 UTC

Dear Deputy Renouf

Thank you very much for your response. I am sorry, for want of a better word that you are forced to make these decisions. Thank you for the work you're doing to keep us safe.

On a last note, please consider the differences between sports based institutions and the importance they hold in specific communities. But also the benefit of using industry examples of how things can be done. Managing this disease isn't just a result of government action, if there are places that are responding well, and protecting us just like you are they should be rewarded as such. We are in a time of crisis where everyone who is capable is responsible, I'm and sure a shared approach as an easier one.

With much respect

[REDACTED]
[REDACTED]

Message Key: 0003151B9AFC71009E813054D60F6B0341B6BE58



From: [redacted]
To: Richard Renouf <R.Renouf@gov.je>, John Le Fondré <J.LeF@gov.je>
Cc: Alex Khaldi <A.Khaldi@gov.je>
Subject: FW: Analytical Cell Summary
Date: Monday, December 07, 2020 15:51 UTC
Attachments: image001.png (18.2 KB)

Dear Minister / Chief Minister,

Please find today's Analytical Cell Summary:

Analytical Cell Summary
December 7th 2020

* Linked to 2 cases

[redacted] [name redacted - Gym, fitness or health facility]

* One case identified

Overview:

Continued evidence of widespread community transmission involving many industries and sectors of the community.



Strategy Policy, Planning and Performance

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Strategic Policy, Performance and Population
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Mobile [redacted]