



## Information on the Coronavirus injection for adults

	<b>About Coronavirus</b>
	<p>Coronavirus is an illness that can make some people very unwell</p>
	<p>Some people who get Coronavirus do not have any symptoms This means they do not know they are ill</p>
	<p>Other people might have mild symptoms</p> <ul style="list-style-type: none"> <li>• a new cough or one that does not go away</li> <li>• a high temperature</li> <li>• a headache</li> <li>• loss of smell or taste</li> </ul>
	<p>Some people will get more symptoms and feel very unwell These symptoms are:</p> <ul style="list-style-type: none"> <li>• feeling very tired             <ul style="list-style-type: none"> <li>• aching muscles</li> <li>• sore throat</li> </ul> </li> <li>• diarrhoea and vomiting</li> <li>• fever and feeling confused</li> </ul>



Some people who get Coronavirus can get a very serious disease in their lungs

This makes it hard for them to breathe  
They will need to be in hospital for treatment



Some people can die from Coronavirus

If a person is more than 75 years old the risk is higher











There is no cure for Coronavirus

### **The coronavirus vaccine**



A vaccine is an injection that helps protect you from getting Coronavirus

	<p>Jersey is following the same vaccine programme as the UK</p>
	<p>You will need to have two doses of the vaccine to be protected</p>
	<p><b>People who should have the Coronavirus injection</b></p>
	<p>In Jersey the first people to have the injection are those at high risk of getting very unwell if they get Coronavirus</p>
	<p>These people are:</p> <ul style="list-style-type: none"><li>• older adults</li><li>• front line health care workers</li><li>• social care workers</li><li>• people that live in care homes</li><li>• some people with a serious health condition</li></ul>

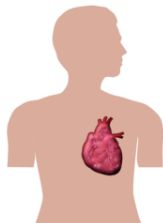
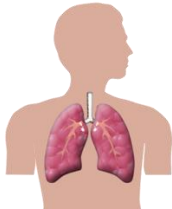
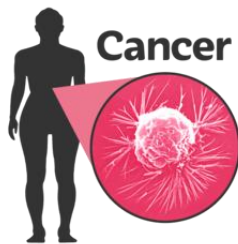
	<p>The injection will be offered to other people at risk as soon as possible</p>
	<p><b>People at higher risk of getting Coronavirus</b></p>
 	<p>You should have the Coronavirus injection if you are:</p> <ul style="list-style-type: none"> <li>• an adult living or working in a care home for the elderly</li> <li>• a frontline healthcare worker</li> <li>• a frontline social care worker</li> <li>• a carer looking after older adults in their own homes</li> <li>• aged 65 years and over</li> <li>• in the high risk group</li> </ul>
	<p>Your doctor will have sent you a letter telling you that you are high risk and if you should have the injection</p>

**High**



Please call your doctor if you:



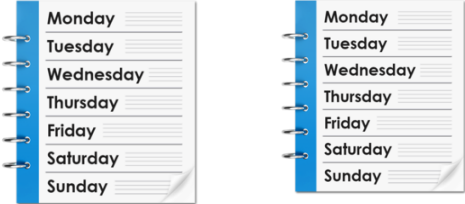
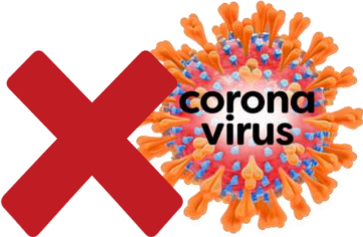


- are in the high risk group and have not had a letter
- you think you are at a higher risk
- you are worried







The injection will be offered to young people aged 16 years old and over if they have these health conditions:

- A type of blood cancer
- Diabetes
- Dementia
- A heart problem
- A chest or breathing problem or condition
- Kidney disease
- Liver disease
- Lowered immunity from a disease or treatment
- Rheumatoid arthritis, lupus or psoriasis
- Having an organ transplant
- Having had a stroke
- A nerve or muscle wasting condition
- A severe or profound Learning Disability
- A problem with your spleen
- Being very overweight
- Having a severe mental illness





**People who can't have the injection**






	<p>Some people who have severe allergies cannot have the injection          People who are very unwell or women that are pregnant will need to wait to have the injection</p>
<p><b>How the injection will protect you</b></p>	
	<p>The injection will reduce the chance of you getting Coronavirus</p>
	<p>It can take a few weeks for your body to build up a protection</p>
	<p>You should not catch Coronavirus now that you have had the injection</p>
	<p>If you do catch Coronavirus you should not be very ill</p>
<p><b>Side effects from the injection</b></p>	
	<p>Sometimes injections can make you feel ill          These are called side effects          Some people will not get any</p>


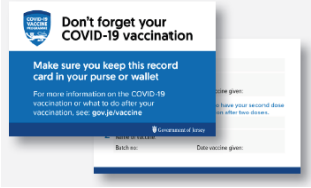

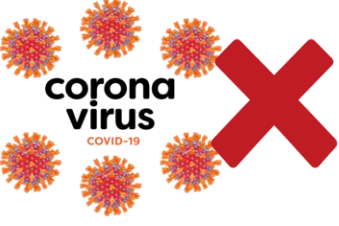



	<p>Side effects that are common:</p> <ul style="list-style-type: none"><li>• Having a pain in your arm for a few days where you had the injection</li><li>• Feeling tired</li><li>• Headache</li><li>• General aches and mild flu symptoms</li></ul> <p>Side effects should last less than a week</p>
	<p>If you feel unwell you can take paracetamol</p> <p>Follow the directions on the box or ask someone to help you</p>
	<p>If you have a fever or are worried please call your doctor and tell them you have had the injection</p>
	<p><b>Can I catch Coronavirus from the injection?</b></p>
	<p>You cannot catch Coronavirus from the injection</p>



	<p>It is possible to have caught coronavirus and not get symptoms until after you have had the injection</p>
	<p>If you have symptoms you should stay at home and call the helpline Telephone: 01534 445566</p>
	<p>For more information on symptoms <a href="http://www.gov.je/symptoms">www.gov.je/symptoms</a></p>
	<p><b>Can I give Coronavirus to other people after I have had the injection?</b></p>
	<p>We do not know yet if the injection will stop you getting Coronavirus or giving it to other people</p> <p>It will reduce your risk of becoming very unwell</p>
	<p><b>I have had my flu injection, do I need the Coronavirus injection as well?</b></p>

	<p>The flu injection does not protect you from Coronavirus</p>
	<p><b>Booking your appointment</b></p>
	<p>When it is your turn for an appointment you will be asked to book online: <a href="http://www.gov.je/vaccine">www.gov.je/vaccine</a></p>
	<p>You will need to answer some questions and put some of your details like you date of birth and telephone number</p>
	<p>You will need to choose a date for your injection appointment</p>
	<p>Once your booking is made you will get an email and text message to remind you.</p>
	<p><b>What do I do next?</b></p>

	<p>After you have had the first injection, it is important to have your second injection to get the best protection</p>
	<p>You will get a record card or email to tell you when to come back for your second injection</p>
	<p><b>What to do if you are not well for your next appointment</b></p>
	<p>If you are unwell, you need to wait until you are better to have your injection</p>
	<p>You should not go to your appointment if you think you might have Coronavirus or if you are waiting for a test</p>
	<p>You must call the helpline to tell them and to make another appointment</p> <p>Telephone: 01534 445566</p>



To protect yourself, your family and friends you still need to:

- Keep 2 metres away from other people you do not live with
- Wear a face mask
- Wash your hands for 20 seconds regularly
- Follow government rules and advice