



Play and Connect Monthly Drop in Session

Discover how play and connection can promote positive mental health for your children and teens

Join practitioners from CAMHS Early Intervention team, Mind Jersey and the Children and Families Hub to learn about play and discuss any concerns or worries you may have about your child's development or mental health.

Who is it for? For parents, carers and their children up to 18 years old

When is it happening? The last Tuesday of every month starting 28th March, at The Bridge Child and Family Centre between 12:30 – 14:30

How can I take part? Please feel free to drop into The Bridge on the above date and time, or for more information contact the Children and Families Hub team on 01534 519000, or email childrenandfamilieshub@gov.je.

The Children and Families Hub provides information, advice and support for children, young people and families.

To find out more, scan the QR code or visit www.gov.je and search for *Children and Families Hub*

