





## **Triple P Discussion Group for Parents and Carers**

## **Topic: Dealing with disobedience**

Parenting can be difficult at times especially when children just don't do as they are told. This group will give you the opportunity to meet other parents to share some of your experiences and ideas with and learn some positive parenting suggestions to help you manage difficult behaviours and help your child to accept limits and boundaries.

Who is it for? For parents and carers of 2 – 12 year olds

**When is it happening?** Tuesday 28<sup>th</sup> March, at Samares School from 09:30am – 11:30am

**How can I take part?** To join, contact the Children and Families Hub team on 01534 519000, or email <u>childrenandfamilieshub@gov.je</u>.

The Children and Families Hub provides information, advice and support for children, young people and families.



To find out more, scan the QR code or visit <u>www.gov.je</u> and search for *Children and Families Hub*