



Join us for our next Closer to Home event for all ages!

**Thursday 26 September at St Ouen Parish Hall
from 3:30 - 7:00pm**

Come along and take the opportunity to socialise over free tea, coffee and cake while finding out more about the community and charitable organisations that are available to you.

Get involved:

- **Free 30-minute Laugh Move & Groove classes**
 - Classes at 4pm, 5pm and 6pm
 - Spaces are limited, please email to sign up - imgjersey@gmail.com
 - Classes are suitable for all ages
 - Stay active with seated exercises and unleash your rhythm with fitness drumming
- **Access Elemental – come and find out about a new project**
 - Find activities that can help you support your physical and mental wellbeing with the assistance of your own personal Link Worker
- **Free Portable Appliance Testing on electric blankets**
 - Jersey Electricity will be available to do testing on electric blankets to help you prepare for winter

Organisations taking part are:

Call&Check | Citizens Advice Jersey | Jersey Electricity | Meals on Wheels | Mind Jersey | St John Ambulance |
The Jersey Consumer Council | Viberts - Advice on wills, lasting powers of attorney and capacity matters

Government of Jersey

Children and Families Hub | Customer Experience Team | Jersey Library | Jersey Youth Service |
Pensions and Care Hub | Operations & Transport, Infrastructure & Environment

To find out more, visit:
gov.je/CloserToHome

