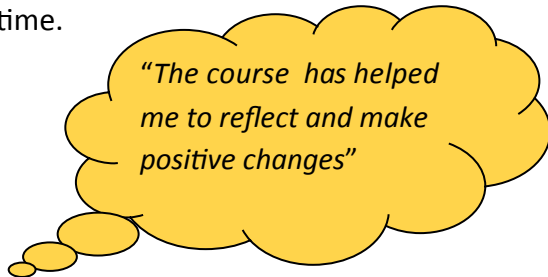


What is the Keeping Children in Mind course?

The course is aimed at parents/carers who are thinking of separating, or who are already separated or divorced and are worried about doing the best for their children, whilst coping with everyday life.

The course shows you ways of managing and helping yourself and your family to move forward during what can be a very difficult time.



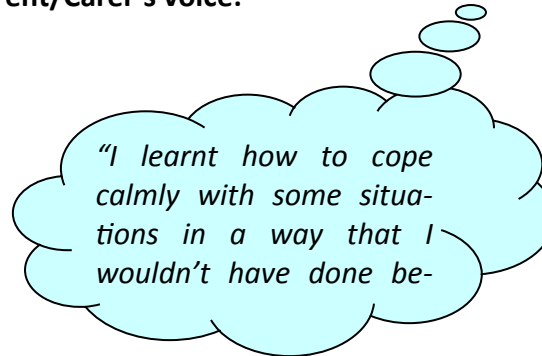
Parent/Carer's voice:

What does the course involve?

It is a three hour course looking at:

- Talking to your children about separation and divorce.
- The potential effects of this life-changing event on children and adults.
- Practical ideas on developing collaborative parenting.
- How to deal with less than ideal situations.

Parent/Carer's voice:



When does the course run?

Sessions are:

Last Wednesday of every month -

6:00 pm – 9:00 pm and

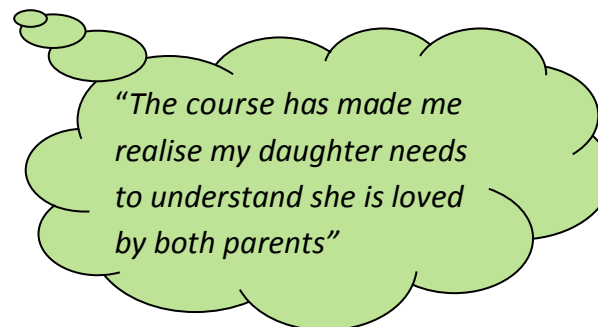
Last Friday of every month -

9:30 am – 12:30 am

Cost: £40 *

** Please note you may be eligible for a voucher . To obtain it, please contact us prior to enrolment*

Parent/Carer's voice:



Application form

Course name : Keeping Children In Mind.

Parent/Carer's name:

.....

Address

.....

.....

.....Post Code.....

Telephone number:

E-mail address:

I enclose a cheque for £40.00, payable to "Treasurer of the States"

I have had funding pre approved.

Please contact us for dates, times and

availability :

Telephone: 01534 449481

Email: parentingadmin@gov.je

Data Protection Fair Processing Statement: "Your personal information has been collected by Parenting Support Services for the purpose of administering your application for a course with us. Your information will not be passed to any third parties without your prior consent."



All our parenting programmes are continually evaluated to ensure a high quality of service and support for the whole community and prevent individuals or groups being excluded.

Please return forms to:

Parenting Support Service
The Bridge, Le Geyt Road
St Saviour, Jersey
JE2 7NT

For further information, please contact the
above address or:

Email: parentingadmin@gov.je

Telephone: 01534 449481

Visit: www.gov.je/parentsupport



Find us on Facebook



**Family life is challenging, asking for help
is a positive thing to do...**

Keeping Children In Mind

**A programme for separated or divorced
parents and carers**

[two of everything]



**States
of Jersey**