

Jersey Learning Disability and Autism Cluster Group Charter

This charter has been developed for adult social care providers and staff who have an important role in helping people access good health care and lead a healthy lifestyle





Communication and Information

- Listen to, respect and involve family carers to achieve the best possible outcomes for the individual
- Provide information on health and wellbeing that is accessible to people with a learning disability
- Listen to individuals regarding how support is working and what would could be better
- Provide information and training to staff at all levels
- Involve individuals in decisions made by the organisations that plan and run your support



**Access to
Island**

- Provide opportunity to be part of our communities
- Provide opportunity to have the right to live independently



**Good health
and
wellbeing**

- Provide ongoing training to staff on basic health and wellbeing issues including pain recognition and the implications of specific syndromes and health conditions
- Promote access to screening tests by:
 - Helping staff and the people we support to understand their importance
 - Working in partnership with clinical services to ensure support is available before, during and after screening checks
 - Feedback and learning



- Tackle over-medication by following the actions set out in the Stopping Over Medication of People with a Learning Disability, Autism or Both (STOMP) pledge for social care.
 - Helping staff know about psychotropic medication, its main uses and side effects
 - Monitoring the use of psychotropic medication and ensuring there are regular reviews
 - We will ensure health action plans are co-produced with the person with learning disabilities and, Whenever possible, are maintained in a format that is understandable to the individual concerned
- Working with people with learning disabilities, their families and others to stop over-medication



- At the time of writing the health action plan or hospital passport, a record should be made of whether the person had capacity and gave permission for the plan to be shared with relevant health and social care staff
- In accordance with the record of consent, we will ensure that health action plans and Hospital Passports are shared, and accompany the person to any health appointments or into hospital
- Provide clear guidance to staff relating to each individual that will allow them to administer prescription and non-prescription remedies safely



**Good health
and
well being**

- Facilitate access to an annual health check for every eligible person with a learning disability by:
 - Supporting the person to understand the importance of a health check
 - Supporting the person to ask the GP for a health check
 - Supporting the person to fill out the pre-check questionnaire
 - Working with community teams and GP practice staff to put in place reasonable adjustments needed for a successful health check
 - Arranging for someone who communicates well with the person to go along to the health check, provided the person is agreeable to this
- Ensure each person supported and who wants one, has a health action plan and hospital passport:
 - We will use the locally agreed format for health action plans and hospital passports where they exist



Education and enriching activities

- Make sure that all staff, people with learning disabilities and their families are aware of this charter
- Involve people with learning disabilities and their families in events run by the organisations that plan and run support
- Involve people with learning disabilities and their families in “Speaking-up” groups
- Signposting to activities, clubs, charities



**Equal
rights**

- Make sure that all staff understand and apply the principles of Capacity and Self- Determination (Jersey) Law 2016
 - Make sure support is available from someone who can, if necessary, advocate on behalf of the individual so that people can attend and benefit from all types of appointments
 - Involve people with a learning disability, their family and /or carer in any plans about their lives
 - Involve people with a learning disability, their family and /or carer in choosing the people who support them
- Involve people with a learning disability, their family and /or carer in writing policies that affect them, making policies easier to understand
 - Provide information and educate individuals with a learning disability, their family and /or carer about their right to make formal complaint and how to do this

Current Members of the Jersey Learning Disability and Autism Cluster Group, agreeing to this Charter are:

