

The Well-being Team Telephone Consultation Line



We form part of the Psychology and Well-being Service, located within the Government of Jersey. We maintain regular links with SENCOs in our link schools and work with staff, young people and others to develop their understanding of emotional literacy and well-being and awareness of best practice. Our team of four well-being facilitators are keen to offer informal consultations each week to a range of colleagues, young people and families who wish to raise queries/ issues around well-being and we have extended our availability, as we all abide by Corona Virus guidelines, to offer remote access to our services.

What is the purpose?

We wish to offer easy, regular access to the well-being team. You are welcome to contact us informally to discuss any concerns relating to a young person's social and emotional needs, e.g self-esteem, managing feelings, coping with loss etc. We will problem solve and share ideas and we may also signpost you to information/approaches.



When to consult?

Our consultation with you will be informal and aims to be a conversation that will make a positive difference. The uniqueness of the CoronaVirus response may mean a young person is managing new demands, dealing with change and you want to talk this through. If you feel we can help then please give us a call.

How to access the consultation line:

You are welcome to seek a general consultation, where you do not share the name of the young person, but you will require explicit, informed consent from someone with PR if you need to specify a name.
(NB Request for Intervention by a WBF can only be actioned by a school.)



07797 916879

Operated on Wednesdays, between 10.00 and 14.00 (term time only)