



Health and Care  
Jersey

# Older Persons Living Forum

16/07/2025

## Agenda Items – Meeting 15

Item	Description
1	Welcome/Introductions
2	Family Nursing & Home Care
3	Connect Me Directory
4	Community Transport Scheme
5	Actions from previous meeting

Item	Discussion & Agreement
1	<p><b>Welcome/Introductions</b></p> <p>The members of the forum introduced themselves and the Chair reviewed the general housekeeping of the meeting so that the forum was accessible to everybody.</p>
2	<p><b>Family Nursing &amp; Home Care (FNHC)</b></p> <p>The FNHC team joined the meeting to discuss falls and frailty. They discussed that common indicators of frailty include:</p> <ul style="list-style-type: none"> <li>• Feeling slowed down in daily activities</li> <li>• Muscle weakness and loss</li> <li>• Persistent exhaustion (beyond normal tiredness)</li> <li>• Increased need for help with personal care and household tasks</li> <li>• Unintentional weight loss or reduced appetite</li> <li>• Longer recovery time after illness or injury</li> </ul>

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	<p>The FNHC team use a Clinical Frailty Scale which ranges from 1 to 9.</p> <ul style="list-style-type: none"> <li>• 1–3: Fit and independent; able to perform daily tasks and possibly work full-time.</li> <li>• 4–7: Mild to moderate frailty; individuals may need some assistance. This is the primary focus of the team’s work. <ul style="list-style-type: none"> <li>◦ Level 4: Minor support needed</li> <li>◦ Level 7: Significant support required</li> </ul> </li> <li>• 8–9: Severe frailty; approaching or at end-of-life. Involves coordination with district nurses and hospice care.</li> </ul> <p>The FNHC team discussed steps that can help reduce your risk to frailty and falls, which included the acronym ACTIVE.</p> <p>A – Adjustment – adapt to changes</p>

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	<p> C – Calories – healthy diet and hydration  T – Thrive – support your mental well-being  I - Interaction – social engagement  V – Vital Signs – keep up with health checks  E – Exercise regularly </p> <p> The FNHC asked the forum for feedback on how they could better engage with the community particularly those who are hard to reach.  Feedback included: </p> <ul style="list-style-type: none"> <li>• GDPR Concerns: Isolation is exacerbated by privacy regulations, making outreach more challenging.</li> <li>• Language Barriers: Communication difficulties arise among individuals who speak different languages.</li> <li>• Geographical Isolation: People living in remote or rural areas face reduced access to services.</li> </ul>


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	<p>Suggestions included involving carer agencies who regularly interact with patients and can notice when needs increase. Carers could act as valuable observers and referral sources.</p> <p>The team also received feedback from the forum on their new poster during the tea and coffee break.</p>
3	<p><b>Connect Me Directory</b></p> <p>At the previous meeting, a Local Services representative asked the forum what type of activities older people would be interested in joining to help with isolation and wellbeing. A member of the Connect Me team joined the forum and introduced the <a href="#">Connect Me Directory</a> which is a digital platform where islanders can access information on community based activities and services aimed at improving their health and wellbeing.</p>

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	<p>Key features include:</p> <ul style="list-style-type: none"> <li>• a searchable directory of social prescribed local programmes, from cultural events to physical activities and mental health support</li> <li>• flexibility to self-serve or seek assistance from a Link Worker, who can help individuals access tailored support</li> <li>• a platform that allows GPs and healthcare professionals to refer patients to social prescribing services and activities via trained Link Workers</li> <li>• stories, blogs, and videos showcasing successful community projects</li> </ul> <p>During the tea and coffee break the Connect Me team took the opportunity to interact with forum members, offering hands-on demonstrations of the Connect Me Directory. For attendees who may have limited access to the internet, the team facilitated use of the referral system, ensuring a Link</p>

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	Worker would follow up to provide personalised support and guidance by their preferred contact method.
4	<p data-bbox="338 488 1111 544"><b>Community Transport Scheme</b></p> <p data-bbox="338 663 2101 847">A representative from the Community Transport team joined the meeting to update the forum on blue badge parking and the community transport scheme.</p> <p data-bbox="338 967 2157 1292">Mapping of 751 blue badge parking spaces has been completed across public, commercial, and government properties. 342 public spaces will be published on the Government of Jersey website this month which includes detailed info for each space including number of spots, time limits and payment requirements. Commercial spaces (e.g. shops) will not be published</p>



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	<p>on the government site. Blue road markers are being rolled out to improve visibility and reduce abuse.</p> <p>The long-term vision of the community transport scheme is to be able to provide personalised transport. The Community Transport team is currently working on group transport and collaborative use of existing charity vehicles. Partner charities with minibuses are invited to join the scheme and charities without minibuses can request transport for events or group activities.</p> <p>Volunteer drivers are provided if charities do not have qualified drivers.</p> <p>For additional information on the scheme please see the attached document:</p>

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	 <p>Information for Older Persons Living</p>
5	<p><b>Actions from previous meeting</b></p> <p><b>Action one:</b> Update from Dementia Jersey on driving and dementia and information provided by Comité des Connétables</p> <p>Dementia Jersey has contacted the Comité des Connétables to raise concerns about inconsistencies across parishes in relation to driving and dementia. In response, the Comité des Connétables is now encouraging greater collaboration between parishes, which are working together to develop standardised, island-wide guidance on the issue.</p>

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	<p><b>Action two: Chair</b> to invite representative from the Comité des Connétables to the forum</p> <p>Chair is awaiting a response from Comité des Connétables</p> <p><b>Action three: Chair</b> to invite representatives from Public Health Infection Control to the forum for further discussion on this matter</p> <p>The Public Health Infection Control team will be joining the forum in November.</p> <p><b>Action four: Local Services representative</b> to invite Liberty Bus</p> <p>Local Services representative is awaiting a response from Liberty Bus</p>
6	Date of next meeting

Item	Discussion & Agreement
	<b>The date of the next meeting has changed to Wednesday 24 September.</b>