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# The Psychology and Well-Being Service (PAWBS)

*Information for Parents and Carers*



## Well-Being Facilitators - Who are we?

Well-Being Facilitators provide all primary schools in Jersey with a regular visiting service. The work of the Well-Being Facilitators is based on the view that positive well-being underpins successful learning, which in turn can support a positive attitude towards learning for the future. In line with this, Well-Being Facilitators undertake specific training and bring expertise in the area of positive emotional health and well-being, which they apply in the support they provide for schools and school communities.

*We believe that positive well-being underpins successful learning.*

## How can I get access to a Well-Being Facilitator? (WBF)

If you have any concerns about how your child is getting on in school, the first thing to do is talk to school staff (Special Educational Needs Co-ordinator (SENCo)/Class Teacher). The school will then contact the WBF if they feel that their support is appropriate.

Your permission and written consent will always be sought if a WBF is going to become involved in supporting your child.

**Well-Being weekly telephone consultation line for parents/carers (during term time)**

**Call for consultation:  
07797 916879  
(Friday, between 9:00 and 15:00)**

## How might a Well-Being Facilitator work with my child?

Support provided by WBFs aims to be fun, with activities designed to motivate and engage children. Sessions focus on promoting and developing self-management strategies for children to use and transfer into other areas of their life (the classroom, playground or family home).

## Educational Psychologists - Who are we?

Educational Psychologists have an in-depth knowledge of child development, education and applied psychology. They all have professional experience in working with children and hold qualifications at either a master's degree or at a doctorate level in Child and Educational Psychology.

## How do Educational Psychologists work with others?

All schools in Jersey have a link Educational Psychologist (EP). They work with children and young people, school staff, parents/carers and other professionals to ensure children and young people get the best out of their time in education.

They can offer support in a variety of ways, including training, group work, individual work, assessment of needs and strengths, and consultation. In addition to school-based work, they are also involved in projects and research across Jersey, e.g. Student Council Network, counter-bullying work, mental health initiatives and many more.

## How can I get access to an Educational Psychologist?

An Educational Psychologist's time in school is accessed via the school's Special Educational Needs Co-ordinator (SENCo). If you have any concerns about your child, the first thing to do is to speak with their class teacher or school SENCo.

**Educational Psychology weekly telephone consultation line for parents/carers (during term time)**

**Call for consultation:  
07797 913411  
(Friday, between 9:00 and 15:00)**