At the Bridge we have a thriving scrumptious café run by our very own chef Sarah Potter and her volunteers. They offer a wide variety of healthy and naughty snacks, all affordably priced.

Tel: 449145

Creche area available for birthday parties 0-5 years. To book please contact reception on: 449152

Some of the facilities in the Bridge can be booked by the session. If you are interested in hiring the facilities please contact reception for more information.

The Bridge charity is:
Friends of the Bridge
Registered Charity Number 286
The Charity supports the work of the centre and fund raises to develop the centre and extend its facilities and provision.

The Bridge,
Le Geyt Road,
St Saviour,
JE2 7NT
Tel: 01534 449152
Email: e.eversfield@gov.je
**Strengthening families and communities**

**Healthy and achieving communities**
- Safe communities
- Healthy communities

**Communities that care**

**Financially viable communities**

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**Definition of mental well being:**
“**A positive state of mind and body, feeling safe and able to cope, with a sense of connection with people, communities and the wider environment**”

*New Horizons Report 2009*

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**Multi-Agency Working**

Services are delivered in an integrated, seamless way, which we believe best responds to the needs of the local community.

The Bridge provides access to a range of statutory and voluntary services in one building and include:

- Brighter Futures
- Community Midwives
- Friends of the Bridge
- Health Visitor Team
- Highlands Learning Centre
- Jersey Child Care Trust
- Parenting Support Services

Other Support and advice can be accessed though such things as regular clinics and consultation:

- Help to Quit Clinic
- Speech & Language Therapy

If the service you want is not at the Bridge we will try to point you in the right direction.

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At the Bridge each agency offers a range of activities/courses. For example:

- **Ante-Natal Classes** - Speak to your GP or Midwife
- **Baby Babble** - Speech & Language: 444500
- **Baby Talk (Friday 11.30-1.00)** - Drop in group for mums and dads with babies under twelve months
- **Dads Club (2nd Sunday of each month 10.00-12.00)** Brighter Futures: (Rachel Kelley) 449479
- **Education Programme & Wellbeing course** - Brighter Futures referral
- **Growing Together** - Brighter Futures referral
- **J.E.L.L.Y Clubs** - Pre-school Early Language and Literacy Parenting: 449481
- **Parenting Programmes** - supporting parents of children and young people 0-19 years Parenting: 449481
- **Second Chance Learners** — Highlands: 608608