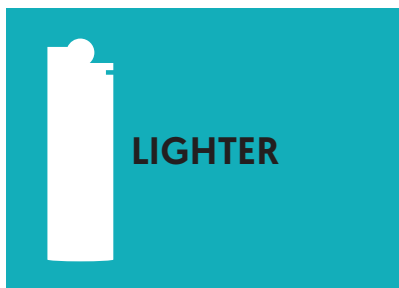
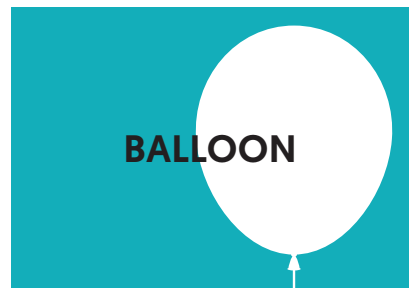


PLASTIC FREE
— JERSEY —
SURFERS AGAINST SEWAGE

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PLASTIC
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TAKE 5 **SMALL STEPS** TO BE PLASTIC FREE

1 Register to tell us you're joining in
plasticfreejersey.com/commit

2 Think – we need you to remove at least
3 single-use plastic items from
your home. Check out our tips
if you're stuck:

- What single-use plastic items do you have around your home?
 - Which ones could you live without?
 - Can you think of an alternative way of doing things?
-

3 Make the change

4 Let us know when you've removed at least
3 single-use plastic items from your home
plasticfreejersey.com/share

5 Share your good work
with your friends and
family. Tag us on our
social media

