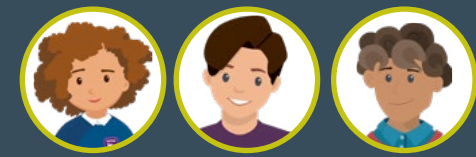


Jersey Children and Young People's Survey Report 2021

A summary for Primary School pupils



Introduction



In 2021 children and young people in school Years 4, 6, 8, 10 and 12 took part in a survey.

They answered questions and told us about their lives in Jersey.

Some facts:



There were slightly different versions of the survey for different ages.

The survey didn't collect names or dates of birth. It was anonymous.



Children and young people didn't have to take part if they didn't want to. Parents could also stop their children from taking part.

It was available in English, Portuguese and Polish.



There were resources to help children with special needs take part.

4,361

children and young people took part.



The aim of the survey is to understand what children and young people need, and to help services plan for the future.

Basic information

Chapter 1

Information about **home and family life**

Chapter 2

Information about **money and family finances**

Physical wellbeing

Chapter 3

Information about **health and healthy ways of living**

Chapter 4

Information about **exercise and other activities**

Mental wellbeing and goals

Chapter 5

Information about **wellbeing and self-esteem**

Chapter 6

Information about **belonging, rights and being heard**

Chapter 7

Information about **bullying**

Healthy behaviour

Chapter 8

Information about **internet and e-safety**

Chapter 9

Information about **smoking**

1 Home and family life



Gender



50%
female



45%
male



5%
said they were
other or rather
not say.



Where they lived



28% Urban

St Helier



37% Suburban

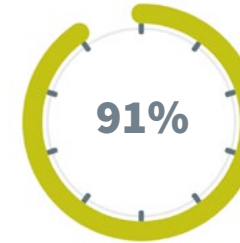
St Brelade, St Clement and St Saviour



35% Rural

all other parishes

Ethnic background



Over 91%

of children identified
as **Jersey, British,
Portuguese or
Madeiran.**

1 in 2

children identifying as
Polish, Portuguese or
Madeiran

1 in 4

children identifying
as Jersey or British

live in St Helier.

Family Life



7 in 10 children and young
people live with their mum
and dad together.

1 in 10 children and young people
share time between
their mum and dad.



5% never or hardly ever
speak English at home.



2 Money and finances



Issues

1 in 10 
said their family was not at all, or not very well off.

6%
said black mould
was growing on their
walls or ceilings.



Homework

In Year 6, 8, 10 and 12













of young people had
a space to themselves
where they could do
homework.



of young people had
a personal computer
or other device to do
homework.

Other things

Children were asked how many of these 10 things they had:

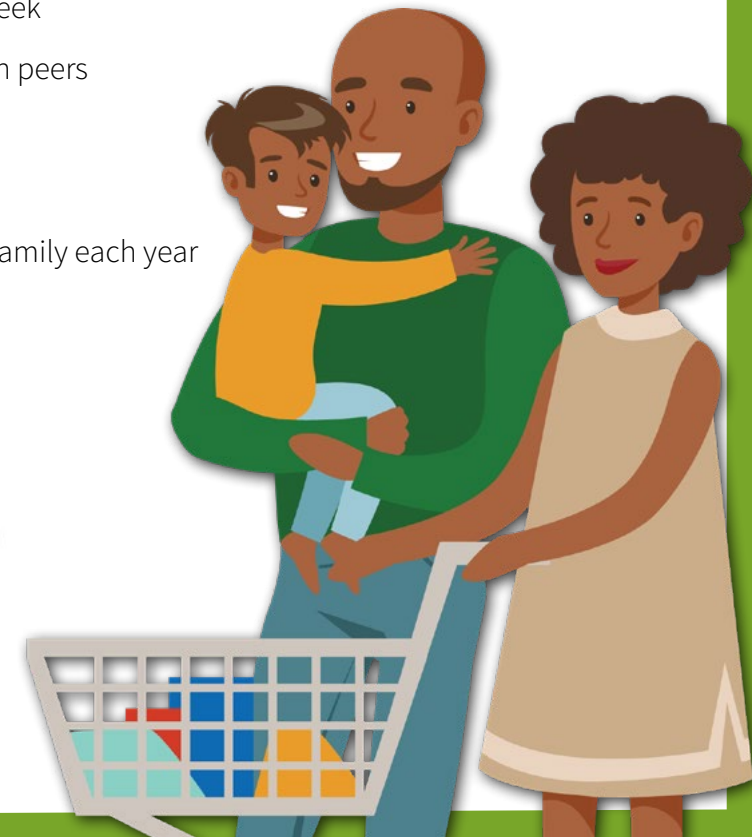
-  a smart phone
-  a garden or nearby park to play in
-  the right kind of clothes to fit in with peers
-  trips out with family at least once a month
-  pocket money to spend on yourself each week
-  the right kind of shoes / trainers to fit in with peers
-  smart TV / iPad or equivalent device
-  a car available to the family when needed
-  at least one holiday away from home with family each year
-  money that you can save each month.

Out of 100 children in Jersey

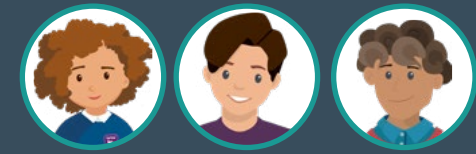
19 lacked 2 or more items.



1 lacked 5 or more items.



3 Health and healthy ways of living



Health

77%

Over all age groups, **77%** said their health was good or very good:

77%
of Year 8

85%
of Year 4 and 6
67%
of Year 10

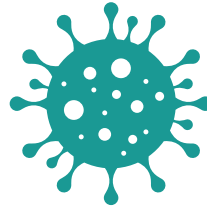
61%
of Year 12.



Disability

15% said they had some kind of mental or physical disability or long-term illness.

Half (50%) of those said it didn't affect their day-to-day life.



Covid-19

77% have had to self-isolate because of the virus.

17% of young people had tested positive for coronavirus by the end of October 2021.

Teeth

84% brushed their teeth at least twice the previous day.

84%



80% have visited the dentist in the last year.

5-a-day

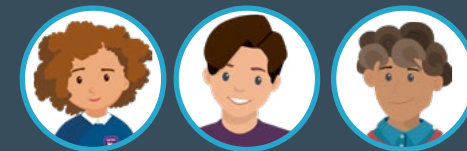
The amount of young people who ate 5 portions of fruit and vegetables went down as children got older from:

38% in Year 4

18% in Year 12.



4 Exercise and other activities



In the previous week
82%
of children didn't do the
recommended 1 hour of
exercise a day.



wished they did
more physical
activities.



73%

of young people go
to a park, beach or
other open space at
least once a week.



96%
of young people said
they knew why it was
important to exercise.

Getting to school



Over half

(53%) of young people
travelled to school by car.



32%

walked.

What would help young people do more?

53% said someone to do sport with

53% said more free time

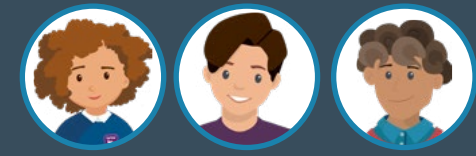
42% said more confidence to try new sports

39% said better facilities to do sport

31% said more money



5 Wellbeing and self-esteem



Self-esteem



↑ **75%** had medium-high or high self-esteem.

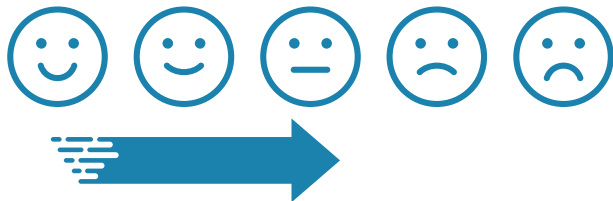
↓ **25%** had low to medium-low self-esteem.



Girls worried more than boys.

Wellbeing

Measures of young people's physical and mental health got lower as they got older.



6 Belonging, rights and being heard



Rights

60% of children said they knew about the **UNCRC (United Nations Convention on the Rights of the Child)**.



53% knew what their rights were.

Having a voice

How many young people agree or strongly agree there are clear ways to give opinions?

On how my school is run:

Year 4 — **61%**

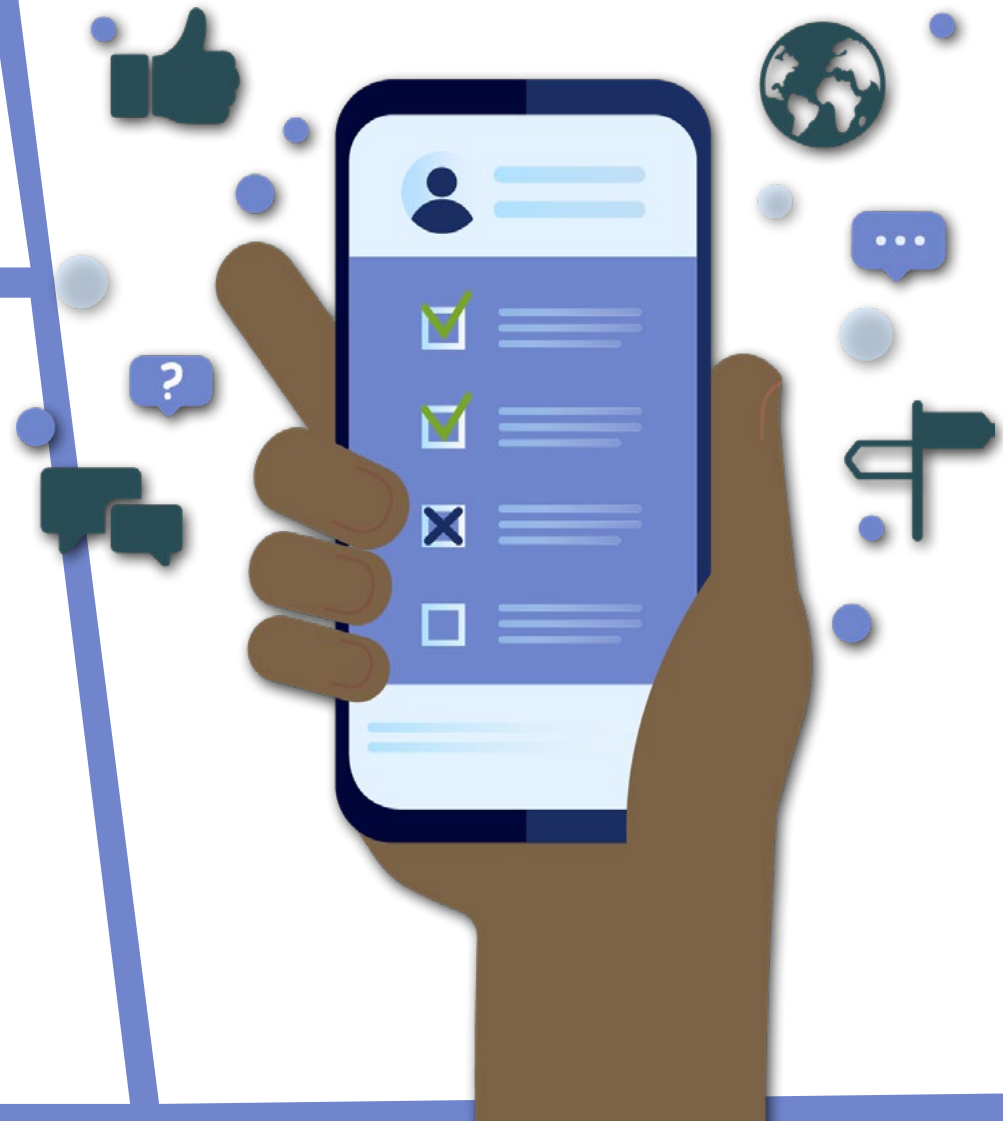
Year 6 — **72%**



On how my community is run:

Year 4 — **53%**

Year 6 — **62%**



7 Bullying



In the past year **21%** of young people said they had been bullied.



84% of Year 6 children believe their school takes bullying seriously.



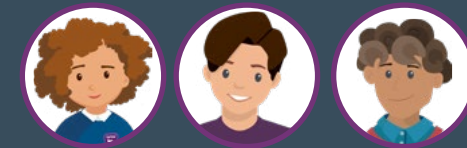
1 in 12 (8%) of children in Year 4 were sometimes, often, or always afraid to go to school.



More girls said they were afraid of going to school and being bullied than boys.



8 Internet and e-safety



1 in 4 Year 6 children use social media every day.



More young people use social media as they get older:

56% in Year 4

77% in Year 6.



In Year 6, the percentage of children who have:



Girls
13%



Boys
14%

sent a message to a stranger on an online chatroom

lied to a parent or carer about who they were talking to online

felt scared or threatened by a message they'd received

6%

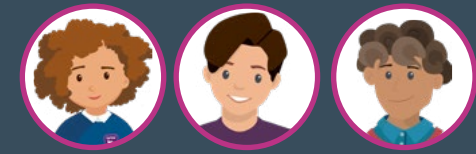
17%

10%

14%



9 Smoking



Home life



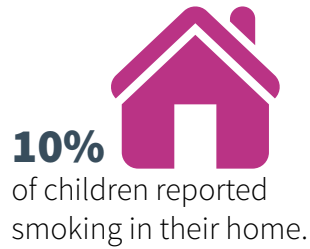
27% said their parents smoked.



Passive smoking



of children reported someone smoking in the car when they were in it.



of children reported smoking in their home.

Non smokers

Most children and young people said they had **never smoked**:

