

## Phase 1 of Maternity refurbishment is complete



The first phase to modernise the Hospital's Maternity Unit is now complete and the next phase is already underway. To minimise disruption, the programme of refurbishment is split into 11 stages and is on track to be completed by October 2023.

This refurbishment is a significant investment in the maternity unit. It will create a modern unit with ensuite facilities on the delivery suite and a new Special Care Baby Unit (SCBU) will also be created. The new SCBU will be double the size of the existing unit and is designed specifically to cater for babies who need extra care.

Head of Midwifery, Dana Scott, said:

**"We are delighted with the areas of Maternity that have already undergone refurbishment and can really start to see the difference this will make to mothers using these services."**

**"We're continuing to work hard to ensure that families continue to be supported throughout the refurbishment and would like to take this opportunity to say thank you to all involved in this project and to the women for their understanding during this time."**

The first completed phase includes a new delivery room with ensuite facilities as well as a development and resource room and nursing station, which has improved the working environment for midwives and other healthcare staff. Meanwhile, Philip's Footprints has generously funded the interior refurbishment of a bereavement suite, which has also been completed as part of the first phase of refurbishment.

## £2 million funding boost for rehabilitation services



**Following a high profile States debate, Islanders who require inpatient rehabilitation support after a stroke or serious incident will be treated at Overdale Hospital as part of a £2 million investment plan to improve services.**

Under the plans, the inpatient rehabilitation unit will temporarily return to Overdale in July this year, to enable the Plémont Ward Rehabilitation Unit in the General Hospital to be renovated and enhanced to provide a better therapeutic environment.

Once the renovation works are completed in December 2022, the inpatient rehabilitation unit will move back to the General Hospital until the opening of the new hospital, which will provide extensive rehabilitation facilities within a dedicated acute unit.

As well as improving inpatient facilities, community therapies will receive additional funding for recruitment, enabling more services to be offered in patients' homes or in the community.

Existing single rooms within the current Plémont Rehabilitation Unit will be refurbished and retained as part of the renovation works while the existing six-bedded bays will be converted into four-bedded bays. The aim is to ensure patients have access to more private and quiet space compared to the current environment.

Meanwhile, a dining room, activities area, and day room will be created to provide space for social activities. The renovated unit will provide additional services to those that were at Overdale, such as the availability of therapies seven days a week, and patients being able to access the Mental Health Team.

APRIL 2022



Your Health,  
Your Care

## Welcome to the first Your Health, Your Care newsletter

A quarterly newsletter aimed at keeping you updated about the changes and improvements being made across Jersey's health and care services.

**A message from the Minister of Health and Social Services, Deputy Richard Renouf.**

**Work is continuously being undertaken to enhance health and care services for all Islanders.**

We want to offer seamless, person-centred care and support to Islanders with their health and wellbeing.

One of the ways in which we will improve health and care is through the work of the Jersey Care Model programme and in the coming weeks you will be able to learn for yourself, at a series of public sessions, about the progress of the project so far.

In the meantime, I'm pleased to say that this five-year programme has gathered momentum in recent months with several milestones achieved.

I was delighted to attend last month the very first Health and Care Partnership Group, which has been formed to increase collaboration between all health and care organisations and charities as well as to plan collectively on how to improve Islanders' day-to-day health.

Health and care services play such a large part in all our lives so I hope you find this newsletter, and the others that follow, informative and insightful as we work to improve services and facilities for you and your loved ones.

Jersey  
Care  
Model

Events

You are invited to a series of free public sessions, which will be held in April and May, where you can learn more about the work of the Jersey Care Model.

**Tuesday 26 April**  
12pm to 1:30pm  
St Helier Town Hall

**Saturday 30 April**  
10am to 11:30am  
St Martin's Parish Hall

**Tuesday 3 May**  
6:30pm to 8pm  
St Brelade's Parish Hall

**Thursday 5 May**  
7pm to 8pm

This session will be live streamed on the Government of Jersey's Facebook, Twitter and YouTube

Islanders will be able to send questions directly to the panel during the session. To attend in person and be part of the studio audience please email [JCMAsk@health.gov.je](mailto:JCMAsk@health.gov.je)



The Jersey Care Model is a five-year programme of work to improve the way we deliver health and social care in the Island. Working in partnership with health and care providers and charities it will support Islanders to receive person-centred and seamless services, specific to our Island.

In 2021, foundations were laid to allow for the development of new services and innovative ways of working over the next four years.

The focus for 2022 is on increasing Support in the Community – services aimed at preventing unnecessary admissions to hospital or care homes and helping patients go home without delay, when they are ready to do so.

## A spotlight on some of the areas of focus for the Jersey Care Model:

### New services developed

#### Public Health



A new Public Health directorate to determine Islanders' health and care needs has been established to prioritise services which are most needed

#### Overnight Community Nursing Care



A pilot service in partnership with the charity Family Nursing & Home Care has been launched to prevent unnecessary hospital admissions by providing Islanders with overnight home-based treatments

#### My mHealth app



This digital app supports Islanders with the management of long-term conditions such as diabetes or respiratory illnesses

#### Commissioning Strategy



Developed in partnership with more than 30 health and care providers across the Island, it will promote greater co-ordination in the planning and provision of services

### Services in development with partners

#### Supporting you to get Home



This scheme provides short-term home care packages, to enable patients who are medically fit to go home while they wait for their permanent care package to start

#### Telecare



Islanders will be able to benefit from a new telecare system – a 24-hour personal alarm system, which will offer users a choice of different technological devices to best suit their needs helping them live independently at home

#### Health, Care and Support 24 (HCS24)



HCS24 is a free telephone helpline which will give Islanders advice about an illness or condition from a trained advisor. The helpline, run by a health and care team will also direct Islanders, their carers or GPs, to the correct services and support depending on individual needs

#### Rapid Access Service



The aim of this service is to provide therapy and nursing services in the community when urgent care is needed

#### Supportive Services



In partnership with local charities and voluntary organisations the aim is to bring together services to support Islanders to manage their own health and wellbeing through a variety of activities

#### Short-term Rehabilitation



The aim of this services is to provide appropriate advanced nursing and therapy treatments in Islanders' homes to support their short term rehabilitation needs

## Long Covid Clinics welcoming patients



**New Long Covid Clinics based in the Outpatients Department at the Hospital are now welcoming patients. Around 40 people have had an initial clinic appointment, with patients who have been referred by their GP currently booked in through to June.**

Since the beginning of the pandemic, more than 350 Islanders seen by their GP have experienced symptoms of Long Covid four weeks after infection. Of these, 150 still had symptoms 12 weeks later

Islanders experiencing symptoms of Long Covid are encouraged to speak to their GP, who can refer them to the clinics, if appropriate. The clinics, which are led by Dr Matt Doyle, perform an individual assessment of each person and can make recommendations on treatment and management of symptoms.

Clinical Lead, Dr Matt Doyle said:

**“I am pleased that we are welcoming patients to these clinics. Treatment for Long Covid has been under discussion since the beginning of this pandemic, and I am grateful that the collaboration between Public Health and Health and Community Services has led to this vital service being made accessible to Islanders.**

**“This is an ever-evolving service as more and more health services across the world recognise Long Covid as a condition.**

**“I would encourage anyone who is experiencing symptoms of Long Covid to contact their GP in the first instance, and we will do all we can to ensure Islanders get the right support.”**