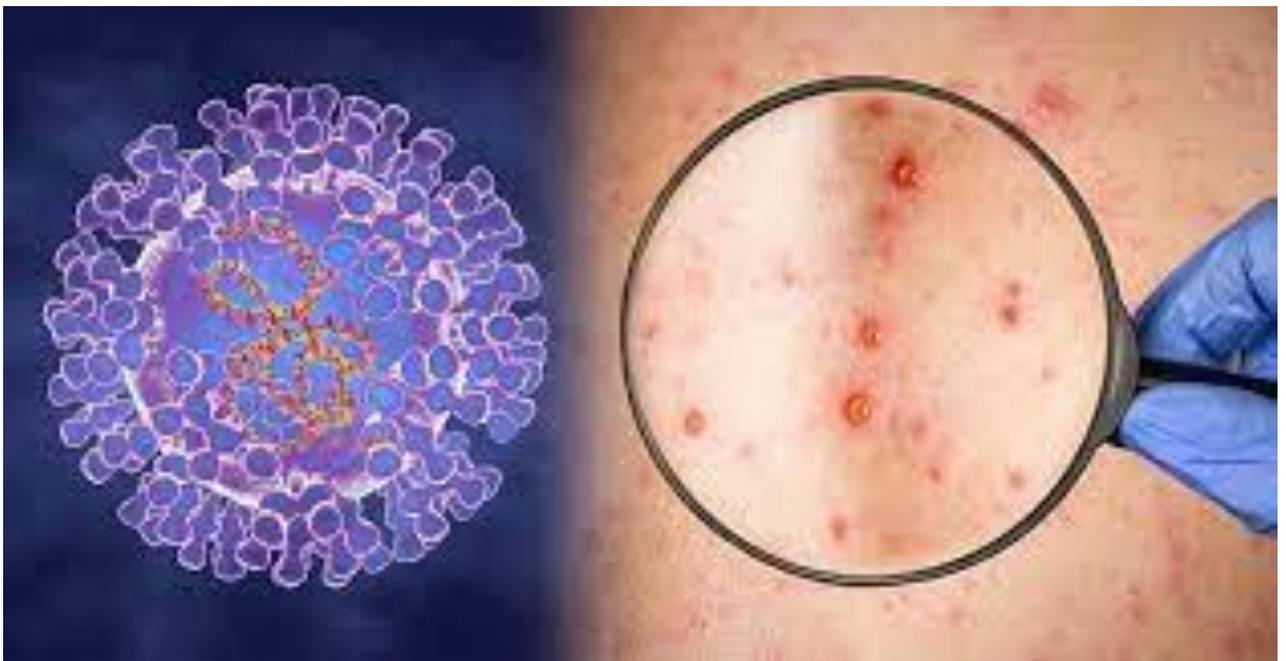


An easy read leaflet

Monkeypox

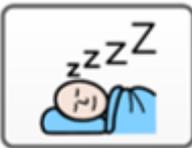


An Easy Read guide for Adults with Learning Disabilities.

What is Monkeypox?

	Monkeypox is a rare viral infection.
	Monkeypox can spread through close physical contact like kissing, skin-to-skin, sex or sharing bedding and towels

What are Monkeypox symptoms?

	New and unusual rash, spots, ulcers or blisters'
	Fever
	Headaches
	Muscle aches
	Swollen glands
	Chills and feeling tired

How to stop the spread of Monkeypox

	<p>If you or any recent partners have developed unexpected or unusual spots, ulcers or blisters on any part of your body, including your face or genitals, call your GP or the sexual health (GUM) service, as soon as possible.</p>
	<p>Avoid close contact with others until you have had medical advice.</p>
	<p>Do not attend the sexual health clinic or GP before calling for advice</p>

For more information

	<p>Phone the sexual health clinic (GUM) on 01534 442856</p> <p>Or email s.h@gov.je</p>
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