

## PUBLIC HEALTH POLICY

<b>Subject</b>	<b>Stay at Home Instruction (lockdown)</b>
<b>Document Name</b>	Public Health Guidance – Stay at Home Instruction
<b>Date</b>	1 May 2020 - version <b>1.5</b>
<b>Change from v1.2</b>	<p><i>Includes two updates:</i></p> <ol style="list-style-type: none"> <li><i>Updated information on construction sites, aligned to 1/4/20 announcement that from 4th April, only Category A construction site/services that have received a new licence to operate can continue to operate. (FAQs updated too)</i></li> <li><i>Inclusion as designated essential work: Removals and relocation services, where supporting essential home moves only (FAQs updated too)</i></li> </ol>
<b>Changes from v1.3</b>	<p><i>Includes three updates:</i></p> <ol style="list-style-type: none"> <li><i>Transportation and retail of non-medical cloth face masks, and fabric and sewing supplies for the purpose of making them; exemption from requirement to close for retailers of fabric and sewing equipment (for the purpose of making face masks)</i></li> <li><i>Addition of private security services</i></li> <li><i>Clarification that self-catering vacation accommodation is included in the hotels category and is required to close, with the same exceptions as set out for other types of premises in that category</i></li> </ol>
<b>Changes from v1.4</b>	<p><i>Includes update:</i></p> <ol style="list-style-type: none"> <li><i>Clarification for non-essential retailers - must stay closed to customers but may use their premises to fulfil deliveries as long as they comply with the advice for all non-essential businesses and follow the guidelines to ensure that deliveries are conducted safely.</i></li> <li><i>Construction – to reflect the Order agreed by States Assembly on 23<sup>rd</sup> April</i></li> <li><i>Updated time period for the Instruction</i></li> <li><i>Changes to the reasons to be outside the home</i> <ol style="list-style-type: none"> <li><i>Increase in time allowed outside for ‘exercise’ from 2 to four hours</i></li> <li><i>Changed ‘exercise’ to ‘safe outdoor activity’, plus some examples</i></li> <li><i>Changed ‘household’ to ‘people you live with’</i></li> </ol> </li> <li><i>Change from ‘gatherings of more than two people in public places are prohibited, except where all members of the group are from the same household. You should also not have visitors, such as friends and family, in your home’ to ‘You can spend time outside with up to two people you don’t live with. This can be one household plus a maximum of two other people, as long as social distancing is maintained. Time spent outside with others may include time socially distanced in your garden, but you should not have people inside your home, or go into theirs.’</i></li> </ol>

### Stay at Home Instruction

Analysis of confirmed cases of COVID-19 in Jersey now shows a steady upward trend. While this is broadly consistent with social distancing having a positive effect, the increase in cases must be addressed. It is now the correct time for further action to be taken.

In order to better suppress the spread of COVID-19, **everyone in Jersey is instructed to stay at home at all times from 08:00 Monday 30<sup>th</sup> March**, except for a limited number of reasons.

It is anticipated that this ‘Stay at Home’ instruction will be in place until 11 May. Throughout this time, the impact of the Stay at Home instruction on the spread of COVID-19 will be closely monitored. Ministers are committed to removing this instruction and restoring civil liberties safely as early as is safe to do so.

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### Reasons to be outside the home

People should only leave their homes for no more than **four** hours each day in total, and in the following limited circumstances:

1. When you need to shop for food, medicine, and other basic necessities, which should be as infrequently as possible, and observing social distancing and hygiene at all times
2. For daily **safe outdoor activity**. This can include *for example* walking, cycling, running, exercising or caring for animals, **relaxing and eating on beaches or in parks, but you must** maintain social distancing from everyone **other than the people you live with**
3. For any medical needs, including providing care, again observing social distancing and hygiene at all times.

When outside your home or garden, you must maintain a safe social distance of two metres from anyone outside your own household. Take advantage of open spaces - beaches, coast and countryside - where you are able to do so and where you can remain spread out from other people (e.g., consider avoiding narrow paths). Avoid congregating in popular areas.

Everyone must follow this guidance, to help suppress the spread of COVID-19. This will be monitored and policed. If people disregard this instruction to Stay at Home, more restrictive controls are very likely to be introduced.

### Work and business

Work should be undertaken from home whenever possible. People engaged in work that is designated as being essential to the safe running of the Island during this time are permitted to travel to and from their place of work when necessary. Social distancing and good hygiene must be practised at all times.

**Essential work** is designated as:

- Health and care services – both in the hospital and in the community (covering emergency/necessary medical and dental work; pharmacies; opticians, audiologists; residential and nursing homes; mental health care; management of the deceased)
- Paid and voluntary work to care for vulnerable and elderly people in their homes, for example home care providers, caretakers, the Community Taskforce and Parish volunteers
- Transportation, production and retail of food, beverages, household supplies, fuel, medicines and medical supplies
- Transportation and retail of construction supplies; hardware products necessary for home and business maintenance, sanitation; farm equipment and supplies, pet and livestock feed; gardening tools and supplies
- Transportation and retail of non-medical cloth face masks, and fabric and sewing supplies for the purpose of making them
- Maintenance of Jersey's ports, air and sea links
- Public transport and regulated taxis
- Food delivery and takeaway services
- Public sector staff and contractors, including Parish staff, who form part of the formal emergency response structure

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- Public protection, emergency services and justice system (police, Honorary Police, ambulance, fire, coastguard, lifeboats, customs and immigration; courts, law officers, Viscount, probation, prison)
- Private security services
- Social work, and residential childcare work
- Teaching, school support, and youth work where engaged in schools, as well as nursery and child-minding provision, for critical workers (at minimum levels)
- Maintenance of critical Island infrastructure, utilities, postal and telecommunications networks, Met Office
- Waste management and recycling services
- Postal and parcel delivery services
- Cleaning services for working environments, where that can be undertaken while adhering to social distancing guidelines
- Essential emergency home and building repair and maintenance services
- Essential vehicle, boat and bicycle repair and maintenance services
- Fishing, farming and farm work, while adhering to social distancing guidelines
- Care of livestock and animals in captivity, necessary veterinary and pest control work
- Critical branch-based banking services to enable cash and other financial transactions, maintenance of ATMs, call referral systems, credit application systems and payment systems
- General financial services – critical firm management and maintenance of core on-site services such as IT systems, banking and mail collection and delivery
- Advocates essential to ongoing court matters, limited staff critical to legal firms' management and maintenance of core on-site services such as IT systems, banking and mail collection and delivery
- Removals and relocation services, where supporting essential home moves only
- Essential government regulatory roles, including those related to financial stability and banking supervision
- Public service broadcasters and other mainstream news media
- Ministers, States Members, and staff enabling the functioning of the democratic system.

Workers engaged directly in these categories of work, and ancillary staff providing essential support on-site to these categories of work (e.g., minimal sorting office staff for postal services; school administration staff), are considered essential.

Employers should consider whether their organisation provides goods or services essential to the safe running of the Island during this time. If not, they should close, and all employees and their families should stay at home.

Where an organisation is providing essential goods or services, they are asked to pare back to **necessary activity only and minimum, skeleton staffing levels**; and where possible parents should be enabled to stay at home, so that their children can also be kept at home and so minimise demand for school place and childcare.

If any organisation believes it undertakes essential work, is not listed, and has staff that will need to be exempted from the 'Stay at Home' instruction at any time, they are asked to contact [1GCT@gov.je](mailto:1GCT@gov.je) with the subject line 'Stay at Home Guidance'. See Annex 1 for the list of businesses and premises that should close, and exemptions.

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It is very important that all essential workers have up-to-date identification identifying them as an essential worker with them when at work and travelling to and from work, should this be requested by the relevant authorities (e.g., a work identity card or employer's letter).

### **Education and childcare**

Wherever possible, children and young people should Stay at Home and observe the 'reasons to be outside the home' set out above. Where children and young people are allocated nursery or school places (e.g., as children of critical workers), they can travel to and from the nursery or school, accompanied by a household adult as appropriate for their age.

While children should not normally be moving between households, we recognise that this may be necessary when children who are under 18 need to move between the care of separated parents.

Further guidance for parents and carers is available on gov.je.

### **Social events and gatherings**

All events and gatherings are cancelled, if not already done so, with the exception of funerals and emergency marriages. Funerals should be attended by the immediate family only, and social distancing observed where that involves people from different households.

Emergency marriages will be considered on a case-by-case basis, such as where one of the parties is in an end-of-life situation.

You can spend time outside with up to two people you don't live with. This can be one household plus a maximum of two other people, as long as social distancing is maintained.

Time spent outside with others may include time socially distanced in your garden, but you should not have people inside your home, or go into theirs.

### **Coping with 'stay at home'**

We recognise this is a concerning time, and that this 'stay at home' instruction may trigger both emotional and practical issues. A support programme, drawing on government resources as well as community volunteers is mobilising now. For more information, see gov.je: Community support and volunteering: Connect Me.

Don't panic, maintain good hygiene in your home, and if anyone in the household develops flu-like symptoms, you should follow the published household isolation advice.

### **Enforcement**

We hope that all Islanders will understand the necessity of staying at home, and comply with the guidance as set out above. As of Saturday 28<sup>th</sup> March, under the new COVID-19 (Screening, Assessment and Isolation) (Jersey) Regulations, the Minister for Health and Social Services has new powers to help enforce this 'stay at home' instruction.

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### Annex 1: Businesses and premises that can remain open and those that must remain closed

Businesses and organisations engaged in essential work, as listed above, should remain open and should strictly observe all public health guidance on social distancing and hygiene.

**Non-essential work** can continue to operate where it does not pose a risk to public health. Government's presumption for all sectors not providing essential goods or services is that all staff will stay at home.

Where organisations or individuals can continue to operate based only upon home working, and are not a type of establishment that must close, then they should make this change and continue to function. Organisations engaged in non-essential work which are not a type of establishment that must close, may also have a maximum of two people on a business premises, as long as those individuals are able to respect strict social distancing and hygiene measures at all times.

Where a non-essential business operates away from its own premises (e.g., gardening, external decorating, window cleaning, pool cleaning), it can continue to provide services as long as no more than two people are gathered at one time and you are able to enforce strict social distancing at all times – travelling to and from the place of work, and at all times during the course of the work.

Non-essential workers should not carry documentation asserting that they are engaged in essential work. Police and other enforcement agents will be monitoring for abuse of essential worker status closely.

**Essential emergency home and building repair and maintenance** works may be carried out by plumbers, electricians, roofers, scaffolders and other tradespeople. This work can be carried out inside people's homes where it is urgent or essential, provided that the tradesperson is well and has no symptoms. It is vital that public health guidelines, including maintaining a two-metre distance from any household occupants, are followed to ensure everyone's safety.

No work should be carried out in any household which is isolating or where an individual is extremely vulnerable to COVID-19, unless it is to remedy a direct risk to the safety of the household, such as emergency plumbing or repairs, and where the tradesperson is willing to do so. The isolated person should occupy a different room whilst the work is being carried out, if at all possible.

For further guidance, please see the FAQs for business provided.

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The intent of this Stay at Home instruction is to limit person-to-person contact as far as possible, and so curtail the spread of COVID-19. This should be everyone's primary concern when taking decisions.

### The following businesses and premises must remain closed:

#### Food and drink

<i>Must remain closed</i>	<i>Exceptions</i>
Restaurants, public houses, wine bars and other drinking establishments, or other food and drink establishments including within hotels and members' clubs	Food delivery and takeaway (including from beach kiosks) should remain operational and can be a new activity. This covers the provision of hot or cold food that has been prepared for consumers for collection or delivery to be consumed, reheated or cooked by consumers off the premises.  Delivery is preferred, wherever possible.
Cafés and canteens	Food services at the hospital, care homes or schools, prison and services providing food or drink to the homeless Measures should be taken to minimise the number of people in a canteen / break space at any one given time, for example by using a rota.  Where possible, staff should be encouraged to bring their own food.

#### Businesses must follow the published hygiene and social distancing guidance.

Takeaway and delivery facilities may remain open and operational. This means people can continue to enter premises to access takeaway services, including delivery drivers, provided they observe strict social distancing.

#### Retail **[updated 24.4.20]**

<i>Must remain closed</i>	<i>Exceptions</i>
Hairdressers, barbers, beauty and nail salons, including piercing and tattoo parlours, laser and cosmetic clinics delivering non-essential cosmetic treatments	None
All retail with the following exceptions	Supermarkets and other food shops Emergency medical services (such as emergency dental work, opticians and audiology clinics, emergency physiotherapy clinics, chiropody and podiatry clinics, and other emergency professional vocational medical services) Pharmacies and chemists, including non-dispensing pharmacies Fuel stations and heating fuel providers Hardware shops and equipment

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	<p>Veterinary surgeries, blacksmiths and pet shops</p> <p>Corner shops and newsagents (including newspaper delivery)</p> <p>Off-licences</p> <p>Laundrettes and dry cleaners</p> <p>Post Offices</p> <p>Vehicle rental services</p> <p>Retailers and services involved in the repair of boats, motor vehicles, motorcycles, bicycles (e.g., tyre sales and repairs)</p> <p>Car parks</p> <p>High street banks, short-term loan providers, credit unions, insurance agencies and cash points</p> <p>Storage and distribution facilities, including delivery drop off</p> <p>Public toilets</p> <p>Garden centres</p> <p>Retailers of safety supplies (e.g., Personal Protective Equipment)</p> <p>Office supplies and related support services</p> <p>Electrical, IT and phone retailers, repair and maintenance services</p> <p>Retailers of fabric and sewing equipment</p>
Outdoor and indoor markets	Market stalls which offer essential retail, such as grocery and food
Auction houses	None

Retailers must ensure strict social distancing between staff and in all customer interactions.

Non-essential retailers must stay closed to customers but may use their premises to fulfil deliveries as long as they comply with the advice for all non-essential businesses and follow the guidelines to ensure that deliveries are conducted safely.

### Hotels

<i>Must remain closed</i>	<i>Exceptions</i>
Hotels, hostels, B&Bs, campsites, boarding houses, lodging houses, self-catering vacation accommodation, for commercial use	<p>Where people live in these as interim abodes while their primary residence is unavailable, or they live in them in permanently, they may continue to do so.</p> <p>Key workers and non-UK residents who are unable to travel to their country of residence during this period can continue to stay in hotels or similar where required.</p> <p>People who are unable to move into a new home due to the current restrictions can also stay at hotels.</p> <p>Where hotels, hostels, and B&amp;Bs are providing rooms to support essential workers, or vulnerable people such as those who cannot safely stay in their home, through arrangements with the Government, they may remain open.</p>
Caravan parks and camping sites	None

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### Non-residential institutions

<i>Must remain closed</i>	<i>Exceptions</i>
Libraries	Digital library services and no-contact Home Library Services should continue
Community centres, youth centres and similar	For the purpose of hosting essential voluntary or public services, such as food banks, homeless services, and blood donation sessions.
Places of worship	<p>Funerals, where the congregation is limited to immediate family only (with provision for a carer, if required), or a friend in the case that no family members are attending. A distance of two metres is to be maintained between every household group.</p> <p>A minister of religion, to go to their place of worship may broadcast an act of worship, whether over the internet or otherwise.</p> <p>For the purpose of hosting essential voluntary or public service, such as food banks, homeless services, and blood donation sessions.</p>

Parish halls can remain open for the purpose of coordinating and hosting essential voluntary or public services. For any other matter, please contact your Parish by telephone, and do not visit in person.

### Assembly and leisure

<i>Must remain closed</i>	<i>Exceptions</i>
Museums and galleries	None
Nightclubs	None
Cinemas, theatres and concert venues	None
Betting shops	None
Spas and massage parlours	None
Fort Regent	For the purposes of work relating to the Government response to COVID-19
Fitness studios, gyms, swimming pools or other indoor leisure facilities, including changing rooms	None
Arcades, bowling alleys, soft play centres and similar	None

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## Outdoor recreation

<i>Must remain closed</i>	<i>Exceptions</i>
Playgrounds, paddling pools, sports courts and pitches, mini-golf courses and outdoor gyms or similar	None
Golf courses	As large open spaces, golf courses can stay open as long as social distancing is fully observed and monitored, ensuring there is no congregation whatsoever on the course or in other outdoor spaces such as car parks.  <u>All</u> indoor facilities (club houses, changing rooms) must remain closed.

Parks can remain open, for exercise and access to natural environment in town, as long as social distancing can be maintained. Any park may be closed if gatherings of more than two people take place.

## Construction

<i>Must remain closed</i>	<i>Exceptions</i>
From 4 <sup>th</sup> April, all construction sites and services	Only construction site/services that have received a new Permit to operate can continue to operate. They must have new procedures in place to ensure strict social distancing and good hygiene whilst not compromising health and safety requirements.  Construction activities which only involve one or two people, and which have safe operating procedures, can operate without requiring Government permission, provided that social distancing and hygiene instructions are adhered to at all times.

All construction sites should have closed down on Friday 3 April. Construction sites are controlled by Law in connection with Covid-19 and Permits are required for any construction activity or site where more than two people are present.

These premises and other venues must close as they involve prolonged close social contact, which increases the chances of infection spreading.

Providers of funeral services such as funeral directors and funeral homes conducting funerals should remain open, subject to published guidelines.

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