

**SPREAD WARMTH  
THIS WINTER  
NOT ILLNESS**



# Are your doors (and windows) open for business?

Ventilation reduces the spread of COVID-19, flu, and other viruses

## Top Tips

- ✓ Plan to improve ventilation
- ✓ Short bursts of fresh air
- ✓ Switch on exhaust fans
- ✓ Inspect your equipment
- ✓ Consider carbon dioxide monitors

Stay at home if you feel unwell and check your eligibility for vaccination at [gov.uk/vaccine](https://www.gov.uk/government/urls/gov-uk-vaccine)



[gov.uk/VentilationGuidance](https://www.gov.uk/government/urls/gov-uk-ventilation-guidance)