

## Seasonality

Fish are a natural resource with local abundances fluctuating seasonally. Due to recent advancements in freezing technology, aquaculture and global distribution networks, Jersey has lost much of the seasonality of seafood.

This seasonality chart offers a generic view based on 10 years of landings from Jersey fishing vessels. The chart offers advice to consumers as to when certain species are readily available from local waters. The time to take advantage as a consumer is once a species becomes locally abundant. Some locally caught species such as bass are now being identified with the use of tags to show the consumer the product is locally sourced and caught using a specific method.

### Why eat local?

- Eating fresh, in season seafood helps the local fishing community. Smaller inshore vessels are preferred due to them being able to change fishing tactics throughout the year. These boats use less fuel, cover small distances and are part of Jersey's well managed fishery.
- A fresh, locally caught fish that has grown in the wild will be of finer quality and taste than a fish that has been farm reared or factory frozen and imported.
- The carbon footprint of local fish will always be lower than imported and significantly less than farmed fish.
- As fish stocks fluctuate throughout the year, the most available seafood can be caught and sold. This gives other stocks a chance to rest.

### For more information:

[gov.je/fisheries](http://gov.je/fisheries)  
01534 441600  
[fisheries@gov.je](mailto:fisheries@gov.je)

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Government of Jersey Fisheries  
and Marine Resources



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Copies of appropriate legislation are available from the States Greffe and [gov.je/fisheries](http://gov.je/fisheries). These details are correct at time of printing (February 2020).



# Seasonality of Jersey's seafood



Marine Resources

## Seasonal abundance of locally caught fish species

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
BASS		CLOSED	CLOSED									
BREAM (BLACK)												
BRILL												
CUTTLEFISH												
LING												
MACKEREL												
MULLET (GREY)												
MULLET (RED)												
PLAICE												
POLLACK												
SKATE												
SOLE (DOVER)												
SQUID												
TURBOT												
WHITING												

\* Shellfish has not been included due to availability throughout the year.



In season



Shoulder season



Out of season



CLOSED Closed season