## Farm Safety Checklist

Hand washing is very important. Animals
 can carry germs which can
 make you very ill.

Always wash your hands - after touching the animals, before eating sweets or food, and before leaving the farm. Be sure you use hot soapy water.



 Don't eat sweets, snacks or drinks while walking round the farm. Only eat in the "eating areas" (if provided). Always

wash your hands first.

3. Don't put your fingers in your mouth - remember germs could be lurking on anything you touch. Parents make sure infants do not put their fingers in their mouths.

4. Cover cuts and grazes - with waterproof plasters.



- 5. Keep away from animal droppings or compost It is full of germs. If you do come into contact with droppings/compost, wash your hands straight away.
- Never touch or feed the animals without asking someone responsible if it is safe.
- 7. Do not taste the animal food -It may make you ill.



- 8. Don't climb fences, gates, haystacks
  or ladders. Always close
  gates behind you. Do not
  enter the fields or pens without
  permission.
- Never play with electricity electrical cables can shock or kill you.
- 10. Never play with machinery or chemicals they can cause serious harm.

And remember if you are not sure always ask an adult

## Farm Safety...

- PREGNANT WOMEN should avoid contact with sheep during lambing time.
- FOOTWEAR don't forget to clean your shoes as any dirt may contain germs.
- VEGETABLES if you buy any from the farm, make sure you wash them thoroughly before use.
- Always remember to follow instructions given to you by the farm. Young children should be closely supervised and may need an adult to explain this leaflet to them.

Further advice and information is available from:-

## **Environmental Health Public Health Services**

Le Bas Centre, St. Saviours Road St. Helier, Jersey, JE1 4HR Tel: (01534) 789933 Fax: (01534) 730353



Farms are enjoyable places to visit and have much to offer, particularly for children.

However, please remember that farm centres can be dangerous places and we recommend you follow the guidelines in this leaflet which have been drawn up with your health and safety in mind.