



Community and Schools Sports Development









ANNUAL REPORT 2010









Introduction

The latter stages of 2009 saw the combining of two departments, Community Development and School Sports Development. As the department responsible for promoting social inclusion through sport, this resulted in exciting new opportunities to effectively target youngsters who are most in need and those who are at risk of offending. Through the work carried out by our Community Sports staff as well as the newly formed Primary PE Team we were able to develop and deliver new and innovative projects that engaged 'harder to reach' groups in 2010.

Our PE Project in identified schools had a significant impact on the quality of lessons that were delivered to over 2000 pupils per week. Through our added resources we were able to develop a 'culture of PE' as well as deliver after school sport to an extra 250 pupils per week. We also co-ordinated a project that ensured all Y6 pupils in Jersey had the chance to learn to swim 25m before leaving primary school. This was previously a problem for some schools however the partnership between Sport and Education ensured that this, and many other issues, was able to be resolved through the co-ordination of the PE Project.

With an effective link in place between school and community sport it was inevitable that our neighbourhood programmes would attract more young people. These sessions delivered in 8 of Jersey's 'hotspot' areas regularly engaged large numbers of participants, a majority of whom who did not play in affiliated sport. In addition our free holiday courses proved very popular, in particular with families unable to afford the cost of mainstream holiday activities.

Our crime reduction projects again had a positive impact on the levels of anti-social behaviour by young people. An example of this was our Friday Night Football project at Fort Regent which was delivered from January to April. Police statistics show that there were only 25 incidents regarding youth behaviour reported to them during this time, this compares to 86 at the same time the previous year. Although we cannot be fully credited with these results, by delivering a project that engages over 100 young people on a Friday night in St Helier it is to be expected that we can affect these statistics.

David Kennedy & Paul Brannan Community and School Sports Department



Overall Statistics

In 2010 the Community and School Sports Department (CSSD):

- Co-ordinated a timetable of swimming for schools who currently did not offer it as part of their PE curriculum. This issue was highlighted in a recent audit which showed some schools required support in co-ordinating a sustainable swimming programme.
- **Trebled** the amount of after-school sessions delivered in 2009.
- **Raised the quality** of PE lessons in 'identified' schools.
- Delivered Neighbourhood Sports 5 nights a week for the first time.
 New projects included Clos Gossett and La Pouquelaye.
- Assisting in reducing the number of calls to police in Les Quennevais and St Helier.
- Delivered its **biggest ever** summer holiday programme.
- Launched a new facebook page 'Community Sports Jersey'.
- Attracted more than **3500 young people** to their activities at Fort Regent.
- Secured £14000 worth of private sponsorship (£9000 from Barclays Wealth).
- Have been **proven** to assist young people in returning to affiliated sport.
- Was represented on 5 strategy groups including Parenting, Anti-Social Behaviour and Crimestoppers.
- Operated with **just 2 full-time** members of staff, 4 sessional workers and the Primary PE Team (until July).

The projects and teams that played a part in generating these amazing statistics are covered in more detail on the following pages...



Community Development

Projects Delivered

Free Holiday Courses, **Neighbourhood Sports,** Le Tournoi.

As the department responsible for addressing social inclusion through sport, our Community Development projects are delivered in areas that have been identified as 'communities in need' through our partnerships with relevant agencies such as States of Jersey Housing Department and States of Jersey Police. The aim of these projects is to work with (and for) the local residents and associations that exist within those particular areas. By breaking down the barriers to participation it is hoped the young people will benefit from the values within sport and assist them in reaching their full potential.

Year Highlights

- In 2010 our community programme was delivered in more local neighbourhoods than in previous years. This meant that more young people in Jersey had the opportunity to take part in organised sport sessions free of charge.
- Our summer holiday programme at Fort Regent was fully booked almost every day. Our department received many letters of thanks by parents of young people who attended these sessions. A majority of these added how valuable these were due to the costs of mainstream holiday courses.
- In partnership with the JFA Football Development Department we were able to deliver a UK initiative at Springfield Stadium in the summer holidays. The 'F.A. Tesco Skills' programme was delivered free to 48 young people from 'identified' schools.

Numbers

NEWS

No. of free holiday sessions delivered in 2010	
No. of contacts through free holiday sessions in 2010	1537
No. of evening sessions delivered in local communities in 2010	100
No. of contacts made through evening sessions in 2010	2050
No. of contacts made through links with Le Tournoi Charity	125

Summary

In 2010 we were able to provide an effective link between local schools and our community work. This link is reflective in the high numbers of young people who attended our Holiday Courses and Neighbourhood Sports projects. The feedback from young people and parents has shown us that there is a greater need than ever for free activities, it is therefore vital that we continue to target our work appropriately in order to have the maximum impact. Evidence from the Jersey Football Association suggests our work is now attracting youngsters back into football. Through this we have been able to provide a pathway for achievement for young people who have previously found barriers to participation.



NEWS In summer, Friday night is football night West Park and Fort Regent host popular games nights

to keep kids out of trouble

Teenagers flock

to inflatable

teenagers were attract-e's Park on Saturday r football inside on in-

football pitch

Engaging all members of the local community to increase community citizenship

At its peak in 2010 Free Neighbourhood Sports projects were delivered **5 nights a week** in local community settings.

week Spo

CSSD delivered a total of **100 Neighbourhood Sports projects** in 2010 compared to 72 in 2009.

Inflatable football parks provided

free sports activities in different locations each week of summer holidays.

80% of young people who attended our Free Holiday sessions were from 'identified' schools. 72% of young people who attended our Free Holiday sessions Were not taking part in any other paid holiday courses. Only 11% of young people who took part in the Clos Gossett Neighbourhood Football Would have been playing sport if not attending the project. Over 55% said they would just be 'hanging out on the estate'.

Only 13% of young people who took part in the St Andrews Neighbourhood Sports project would have been playing sport if not attending the project.





"On behalf of Aine and Tom I would like to thank you and your team for the enjoyment and skills that you provided the children with over the summer period. It was both beneficial as a fitness and educational experience. Too often we are quick to criticise that there is nothing available for children in Jersey, this in my opinion blows that statement out of the water with the events you have organized so far, for this we thank you." – Parent.





Education, Health & Well Being

Projects Delivered

After School Clubs, PE Lessons, Lunchtime Clubs, Health and Fitness Days, Sports Festivals. CSSD works in partnership with the Education Department to identify schools and ensure our resources have a significant impact on pupils. Research from the UK shows such projects can have a positive influence on improving self esteem, raising academic attainment, reducing truancy and reducing conflict within the classroom.

Year Highlights

- Through the work of the Primary PE Team and our Community Sports Staff, some schools now promote themselves as 'a good school for PE'. This process has also 'created a culture of PE' amongst some States of Jersey Primary Schools which did not previously exist.
- CSSD co-ordinated a swimming project which ensured all Y6 pupils had the chance to leave school having achieved the minimum requirement of 25 metres. This was previously a problem for a number of schools who were unable to offer this unit to their pupils. Reasons for this were lack of qualified staff and cost of transport and facilities
- In partnership with Health Promotion and Standard Chartered Bank, CSSD co-ordinated a project for 26 primary schools which encouraged pupils to run a marathon over the period of one month. This involved pupils from Y5 and Y6 running one mile per day for 24 days followed by entering the 3km Fun Run on the day of the Jersey Marathon.

Numbers

No. of identified schools supported during curriculum PE by Primary PE Team	10	
No. of identified schools supported during curriculum PE by Community Dev. Team		
No. of after school sessions delivered by Primary PE Team	336	
No. of after school sessions delivered by Community Dev. Team	265	
Percentage of pupils who rated their PE 8/10 or higher as a result of Primary PE Team	79%	
Percentage of Head Teachers who rated their PE as now 'Good' as a result of Primary PE Team	81%	
No. of identified schools supported in lunchtime sport by Community Dev. Team	4	
No. of sessions delivered as part of Alternative Curriculum	25	
No. of educational courses supported within schools/colleges	3	
No. of festivals delivered to schools	12	
No. of schools attending festivals	22	
No. of in-service events delivered to teachers/coaches	6	
No. of Sports Development Officers co-ordinated through CSSD	3	

Summary

In September 2009 ESC funded a oneyear project to use full time PE staff in identified schools. The overall aim of the project was to raise the quality and quantity of PE and extra curricular activity, and to raise the profile of PE in schools. Although the funding for the project concluded in July, it is quite clear that the good work of the PE Team is now being continued in schools. Regular meetings have since proved that there is now more effective planning, delivery and assessment in place in the 9 identified schools who were involved in the project. Our well qualified Community Sports Staff continue their work which involves delivering a comprehensive programme of sport in schools. This work was the basis behind the formation of the PE Team and continues to be well received in all schools. We are now able to deliver a wide variety of sports in both Primary and Secondary Schools, these include street dance, martial arts, wall climbing and traditional sports.

To provide increasing opportunities and develop the potential of young people in school

Without the resource and support of CSSD, 8 out of 12 schools said they would be unable to offer any after school activity. This means that approximately an extra 350 young people aged 9-16 have taken part.

and 500 pupils

took part in structured sports at lunchtime or break time. This compares to 283 in 2009.

As a result of the Primary PE Project, a network of PE Co-ordinators was established. This network meets

quarterly to discuss issues within PE.

CSSD delivered its first GCSE modules in martial arts.

Overall the Community Sports Staff delivered modules in **I different sports.**

Over 1100 pupils

attended sports festivals delivered by CSSD.



'My class teachers tell me my work is getting better and I seem to concentrate more now that I am doing the kickboxing' – Student, Grainville Access to Learning Programme. This was an excellent resource, which was brilliantly coached: all children were able to access the resource with increasing confidence and success. The levels of enthusiasm from the children and staff were very impressive and we could see how the children grew in their self-belief and confidence during the activity. It represented a significant physical and emotional challenge for most children which they were successful in. This was an excellent resource and we would want to access it more regularly over the coming year" - Iain George, Head Teacher Springfield Primary School.



Crime Prevention

Projects Delivered

Coach Education at HMP La Moye, Probation Service Football, Barclays Wealth Friday Night Football Leagues (F.N.F), Trampoline Sessions and Youth Action Team (Y.A.T) Crabbe week. CSSD works with key partners to deliver sports activities to identified groups. By providing positive activities in 'hotspot' areas our aim is to reduce the risk of anti-social behaviour and improve relationships between the police, local residents and young people. These projects have also shown to have an impact on the rehabilitation of inmates which helps towards an effective integration into society once released from prison.

Year Highlights

- Police statistics showed a 70% reduction in calls relating to youth anti-social behaviour at Les Quennevais since we first delivered the Friday Night Football project in 2006.*
- Police statistics showed a 50% reduction in calls relating to youth anti-social behaviour in St Helier since we first delivered the Friday Night Football project in 2009.**
- The success of our Friday Night Football was a front-page story for the Jersey Evening Post.
- Probation Service entered their 5 a-side team in a commercially run 5 a-side league. This is a result of our coaching sessions that have been delivered with the same group for the past 3 years.

Numbers

No. of Friday Night Football sessions	21
Average number of participants at Friday Night Football	
No. of Probation Service coaching sessions provided	36
Average number of participants at coaching sessions	П
No. of young people engaged through our partnership with YAT	
No. of sessions delivered at HMP La Moye	8
No. of overall contacts made during ASB reduction projects	2739

Summary

2010 saw a significant increase in the amount of free sports sessions that were delivered in local 'hotspot' areas at targeted times. An increase in the number of Friday Night Football projects coincided with a reduction in calls to the police relating to youth anti-social behaviour in St Helier and Les Quennevais. Although we cannot be fully credited with these results, by delivering a project that attracts over 100 young people, it is inevitable that our work is affecting these statistics.

Jersey Evening Post



Night soccer league is a big success

has been calined the in the particular set of the set of the parti

of calls to whom came from the St I of youth lade and Les Quenney upd 70 per area. A number of play ply fantastook advantage of the f ower foot



he Island. length for the last four weeks. Store Profile, Jacks Store and the 14 weeks. 8 took part. The evenings have been as. Mar Peach. There is hereak for Brelade hin games belios lod by Steve Pallett, while the firstly period and the Michael Jackson a structured the games were obligated by the part of the structure o



Return of crime fighting football

A LATE night football league which previously helped reduce anti-social behaviour in St Brelade will start again next month.

^{*} The Friday Night Football project has been delivered at Les Quennevais in the months of November and December. Statistics are taken from this period.

^{**} The Friday Night Football project has been delivered in St Helier in the months of January, February and March. Statistics are taken from this period.

To establish projects with key partners to reduce the likelihood of offending or re-offending

16 inmates at HMP La Moye received their first certificate in

'Coaching Within Small-Sided Football'.

We delivered a total of 21 Friday night projects in St Helier and Les

Quennevais compared to 14 in 2009.

49% of young people surveyed at F.N.F did not play football for a club.

17% of young people surveyed during F.N.F admitted they would be drinking alcohol on a Friday night if they weren't taking part in the project.

The number of contacts we made during our ASB reduction projects have increased 19% since 2009.

Trampoline and Street Dance sessions introduced at Fort Regent helped **engage 30-40 more girls** to the Friday Night project.

Overall we worked with **7 key partners**

to deliver ASB reduction projects. These included the States of Jersey Police and Youth Service.



"These sessions, I believe, have played a vital role in reducing anti-social behavior, not only in St Brelade but around the Island by providing much needed evening activity for the age group." - Steve Pallet, St Brelade Honorary Police.

"I come to the Late Night Leagues to have a laugh with my mates and it keeps me off The Waterfront and out of trouble. If I wasn't up here at Fort Regent I'd probably be having a few cans and spending money or just staying at home playing on the PS3" - Cameron, aged 15.





Funding

Maximise all funding opportunities and ensure budgets are used effectively

Background

The role of Community Development Officer (Sport) is funded by the Building a Safer Society Strategy (which is administered through the Home Affairs Department). This strategy is a response to local concerns about crime, anti-social behaviour and substance misuse. Many agencies, both in the public and voluntary sectors, are involved in the strategy and work together to tackle the problems that have a negative impact on everyday life for those who live, work and visit the Island.

The 3 main priorities of the strategy are:

- to create a safer environment by reducing crime, public disorder and anti-social behaviour
- to provide people with opportunities to develop their potential as active and responsible members of society
- to reduce the harm caused by the misuse of drugs, alcohol and solvents.

Overall the funding for the Community Development Officer project goes towards equipment, hire of facilities, promotions and staff. In order to allow our programme to expand in 2010 we had to continually source funding from the private sector with significant success.

Awards

Sponsor	Project sponsored
Barclays Wealth	Late Night Leagues
Le Tournoi	Martial Arts in Schools
G4S	Summer Sports Programme
Crimestoppers	Summer Sports Programme
Colin Stewart Wealth Management	Neighbourhood Sports

Partners













Social Media



Mission Statement



Education, Sport and Culture

The mission of the Department for Education, Sport and Culture is to:

Strengthen our community by providing a first class education service, supporting the development of skills and promoting leisure and cultural activities that enrich our lives.

Our aims are to:

- Ensure that our children enjoy the best start possible;
- Prepare our young people for the challenges of the future and encourage them to make a positive contribution to society;
- Encourage lifelong learning and active participation in sport and culture;
- Promote social inclusion and equal opportunity.

www.gov.je/sport







Get in touch with us...

Community & Schools Sports Development

Fort Regent Leisure Centre Mount Bingham St Helier Jersey JE2 4UX

Facebook: Community Sports Jersey

Paul Brannan, Community Sports Development Officer Phone: 01534 449790 Mobile: 07700 713 611 Email: p.brannan@gov.je

David Kennedy, Community and School Sports Manager

Phone: 01534 449787 Mobile: 07797837222 Email: d.kennedy@gov.je

Our Partners









JERSEY X









Jersey Youth Service









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