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ways to be inclusive

I'm in are you?

If you try one thing today, challenge yourself to tick off an inclusive action from the list:

- Have a coffee with someone you don't know (well!)
- **Smile and say hello** to everyone you come across today
- Before each email you send, take a moment to **reflect on the impact** this will have
- Find out something new about someone you work with
- **Seek different perspectives** in all your meetings today
- **Say hello and introduce yourself** to someone you don't know
- **Complete the Inclusive Leadership WBL**
- **Call out non-inclusive behaviours.** Challenge assumptions and remarks made by others
- Notice what your body language is saying
- Put yourself in the shoes of a colleague. Ask the question, "**what's it like to be you?**"
- Ask a team member - "**are they ok?**"
- Schedule meetings at **inclusive times**
- Try asking the quieter people on your team for **their opinion**
- Listen with your **eyes as well as your ears**
- **Pause before giving advice** and instead lead with questions
- **Sit somewhere else in the office** and introduce yourself to the people around you
- **Actively listen** in all your conversations, remove any distractions
- Be curious, ask open questions
- Offer your **help to a new joiner**
- **Invite a junior colleague** to a client meeting
- **Sponsor an individual** whose career journey is different from your own
- **Mentor someone** with a fresh perspective
- **Say thank you** today by writing a physical thank you card to members of your team
- **Encourage your colleagues** to send an email/physical thank you cards to people they appreciate
- Start your meetings with how you **appreciate working with the people** in the room
- **Celebrate an achievement** with the people you work with
- **Be inclusive of different faith requirements** when organizing a social event or meeting
- **Give timely constructive feedback** to accelerate a colleague's development
- **Support your team** to have a New Ways of Working discussion
- **Initiate a conversation** with your client about Diversity & Inclusion

#TryOneThing