

## Assistant Psychologist – Learning Disability Services

**Department:** Health & Community Services

Section: Adult Social Care – Learning Disability Service

**Reports to:** Clinical Psychologist (Learning Disability Service)

JE Ref: HCS1143

**Grade:** CS09 **JE Date**: 11/08/2022

#### Job purpose

To support the professional psychological care of clients within the Learning Disability Service across all sectors of care; providing psychological assessment and psychological interventions (both in groups & 1:1) under the supervision of a chartered clinical psychologist, working independently according to a plan, and only as agreed with a qualified clinical psychologist and within the overall framework of the team's policies and procedures.

To assist in clinically related administration, conduct of audits, collection of statistics, and development of audit and/or research projects, teaching and project work. To work, where appropriate and depending on service need, performance and progression, towards further skills/qualifications in specific psychological/psychotherapeutic interventions (e.g. Mindfulness, CBT, CAT, EMDR)

#### Job specific outcomes

- To undertake clinically supervised work with clients on a one to one basis.
- Under supervision, to plan, organise and teach/co-facilitate on a variety of psycho-educational courses.
- To undertake directly and indirectly supervised protocol based psychological assessments of
  clients including measures, rating scales, direct and indirect structured observations and semi
  structured interviews with clients, family members and others involved in the client's care
  if/when deemed to be appropriate.
- To assist in the formulation and delivery of care plans involving multidisciplinary and specific psychological treatment and/or management of a client's problems under the supervision of a Chartered Clinical psychologist.
- To undertake data collection, analysis, production of reports, summaries, audits & research
  projects as well as performing searches of evidence-based literature and research in order to
  assist the development of evidence-based services
- To be able to show initiative in coordinating and taking part in the collection of relevant data at different stages within the patients' care and the creation & maintenance of appropriate databases for audit, research & service evaluation purposes for all areas of the service, as agreed with supervisor and service leads.
- To assist in the design and implementation of service development projects within the service as required.
- To attend and contribute to relevant multi-disciplinary meetings and to assist with relevant service development and evaluation projects as required.o ensure frequent interaction with people with learning disabilities, mental illness, acute & chronic physical illness in day to day clinical activities.



#### Statutory responsibilities

Active engagement, participation and compliance with any other statutory responsibilities applicable to the role, as amended from time to time.

This role is politically restricted. The job holder is not permitted to undertake political activity involving standing for election to the Government or as a Parish Constable, or publicly supporting someone who is standing for election or playing a public part in any political manner.

- The post holder will have to comply with all relevant States Laws, such as the Health and Safety at Work (Jersey) Law 1989 and any other associated legislation, Standing Orders, Financial Directions, and other relevant Codes of Practice.
- Ensure appropriate communication of relevant patient information through the maintenance and updating of patient/client records in line with the requirements of Clinical Governance and Quality as set out in the Standards of Practice from the CSP; HCPC and HCS.
- To meet all requirements of Clinical Governance (e.g. statutory & mandatory training; CPD; reflective practice etc.) and propose any necessary changes to service delivery, which this may give rise to.
- To interpret and inform the Consultant Leads of specific national and professional evidence and policies which affect the specialist area.
- To be aware of and adhere to the British Psychological Society's code of conduct and guidelines for the employment of Assistant Psychologists.
- To participate in regular clinical supervision in accordance with professional practice guidelines of at least half an hour per week (pro rata).

#### **Organisational structure**





# **Person Specification**

## Specific to the role

Describe the knowledge, skills, experience, and qualifications required to perform the job to a satisfactory standard.

It is important to convey what the job requires, rather than what an individual might have, as these may be different. For example, you may have a postgraduate level qualification, however, an A' Level standard qualification is the requirement for the job.

ATTRIBUTES	ESSENTIAL	DESIRABLE
Qualifications Please state the level of education and professional qualifications and / or specific occupational training required.	Degree in Psychology (BSc. or B.A Hons – 2.1 or above) with eligibility for membership (graduate basis for registration) of the British Psychological Society (thus to the Health and Care Professions Council)  Ongoing clinical supervision in working towards further qualifications in multiple  Psychological interventions / registration with the relevant professional body	additional qualifications in delivering psychological interventions e.g. motivational Interviewing  To be supported to work, towards further qualifications in specific psychological interventions (e.g.mindfulness, CAT, EMDR) leading to appropriate accreditation, transferring to tangible service delivery, agreed with supervisor, and toward suitability for training as a clinical psychologist
Knowledge This relates to the level and breadth of practical knowledge required to do the job (e.g. the understanding of a defined system, practice, method or procedure).	Must be able to demonstrate knowledge of learning disability & autism presentations  Understanding of research methods and statistical analysis e.g ANOVA, Regression  High standard of computer skills including email, Excel and SPSS and the ability to utilise a patient information system to manage diary commitments and electronic patient records.  An in-depth knowledge of working with people with a	A knowledge of additional models of psychological theory & practice eg. Cognitive Analytical Therapy, Audit analysis and presentation



	learning disability	
	Knowledge of relevant psychological theory, psychometrics, statistical analysis	
Technical / Work-based Skills	Keyboard Skills	Previous skills in supervised
This relates to the skills specific to the job, e.g. language fluency, vehicle license etc.	Driving Licence for community work	therapeutic approach or practice.
	Formal restraint / Assault avoidance training	
	Listening	
	Administration, scoring & analysis of psychometrics and neuropsychological assessments	
	Ability to engage in supervision	
General Skills/Attributes This relates to more general characteristics required to do the job effectively, e.g. effective written communication skills, ability to delegate, motivation or	Communicates related information to clients, relatives, undertakes group & 1:1 session with clients, atmosphere may be highly emotive	
commitment etc.	Skills for assessing clients in 1-1 sessions, group dynamics, research methodology	
	May be required to demonstrate own duties; train other health care staff, supervise non specialist assistant psychologists	
Experience	Experience of conducting literature searches and	post-degree experience of
This is the proven record of experience and achievement in a field, profession or specialism.	reviews	working in a multidisciplinary way
This could include a minimum period of experience in a defined area of work if required by an external body (for example a	Experience of working with people with mental and/or physical health problems	Experience working in a counselling role / psychological service (e.g. Samaritans)



period of post-qualification experience).		Previous experience as Volunteer assistant psychologist)
Criteria relating to Safeguarding	Up to date DBS enhanced check  Up to date safeguarding training (level 2)	Membership of specialist interest professional bodies

## Personal Attributes

### Delete as appropriate:

Appointees to this role will be required to adhere to and perform their duties in line with the standards identified in the States of Jersey tier 5 core accountabilities attributes and behaviour indicators.