## **Objective 1:** Improve mental health and wellbeing in vulnerable groups

1.0: Ensure relevant Mental Health Strategy actions take account of the needs of those groups identified as being at higher risk of suicide.

## Objective 2: Reduce stigma about suicidal feelings

- 2.1: Promote sensitive reporting of suicide and portrayal of suicide in the media
- 2.2: Encourage seeking urgent help early to avoid emerging crisis, and promote ways of publicising help available
- 2.2: Develop information provision about suicide that helps support reduction of suicidal ideation
- 2.3: Deliver and review effectiveness of integrated multi agency training on managing self-harm and suicidal ideation, and on performing risk assessment

## Objective 3: Reduce the risk of suicide in high-risk individuals

- 3.1: Identify appropriate risk assessment tools to identify high risk individuals taking into account the different drivers and risk factors for different populations/age groups
- 3.2: Developing a framework for multi agency working with those identified as high risk
- 3.3: Delivering and reviewing effectiveness of integrated multi agency training for those working with high risk individuals.
- 3.4: Monitor complete suicides annually to identify trends that will inform future interventions.

**Objective 4:** Improve information and support to those bereaved or affected by suicide

- 4.1: Have in place effective local responses following death by suicide & Establish SPB MA policy
- 4.2: Provide information and support for families friends and colleagues who may be concerned about someone who may be at risk of suicide
- 4.3: Seek to secure service user feedback
- 4.4: Provide effective and timely support to families bereaved or affected by suicide
- 4.5: Delivering and reviewing effectiveness of integrated multi agency training on supporting those bereaved by suicide