

Knowing the Child

We need to gain a 'sense' of the child; this is often in addition to information on their strengths and needs. We need to have an understanding of the 'lived experience' of the child. One way we can start to do this is to be able to describe a typical or average day for them would be.

We should also be able to describe what a child likes/dislikes, favourite things, their interests and friends, what makes them happy or sad and their dreams or ambitions.

We should also include the needs of a child that may be associated with complex health needs/disability or special educational needs.

Using the My World Triangle is helpful for this and in addition a template "Day in the Life" can also add valuable information about the child's daily experience and the opportunity to explore this. Short guidance for this is also provided.