

Be a

#BSL
ally

Raise your hands and introduce yourself to the world in BSL this Sign Language Week, with #BSLally



Name

Touch your forehead with the tips of your index and middle fingers of your dominant hand, then twist the hand down until your fingers face forwards in front of your face.

Me

Point to your chest with your dominant hand.

BSL is a visual-gestural language with a distinctive grammar using handshapes, facial expressions, gestures and body language to convey meaning.

